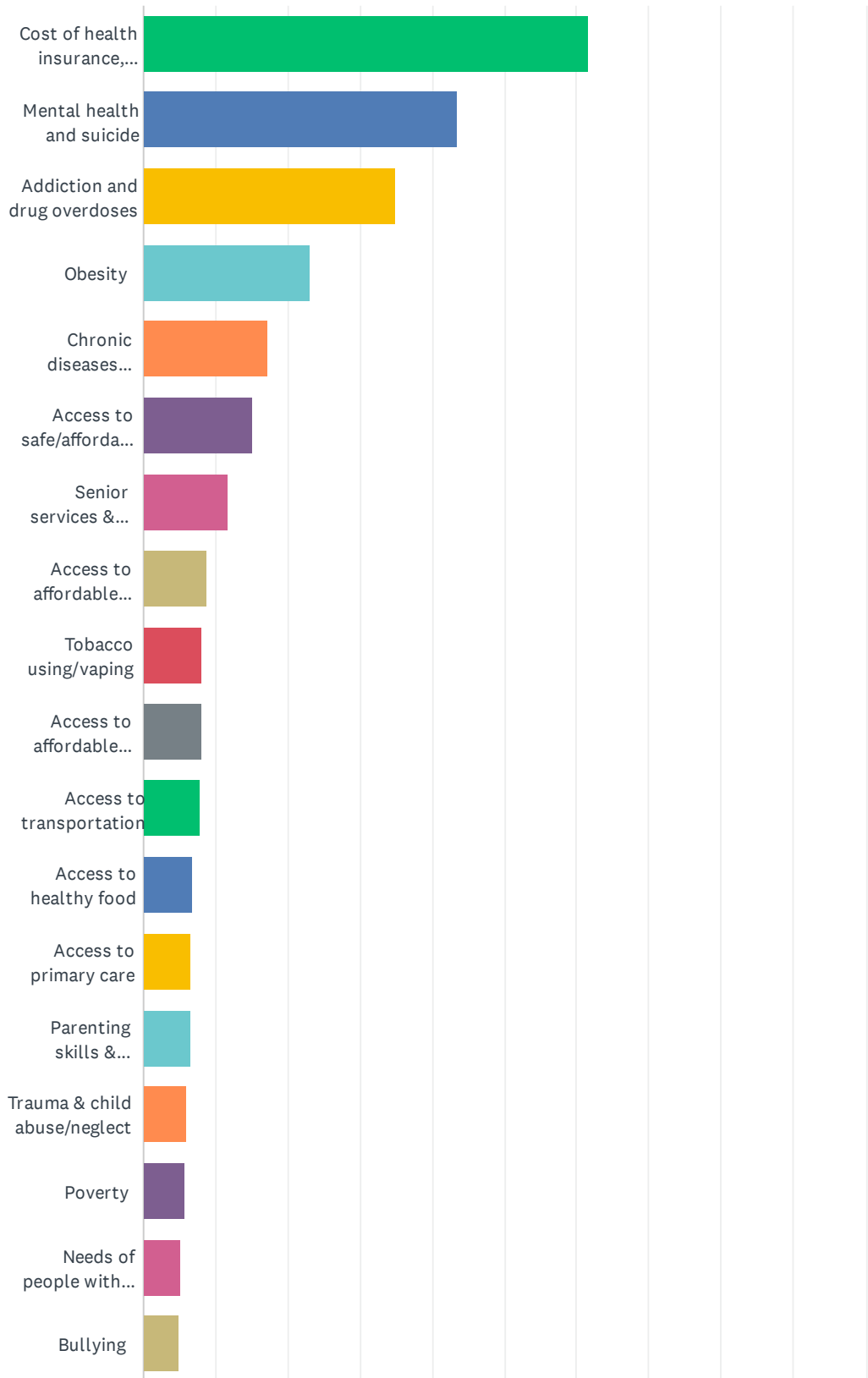
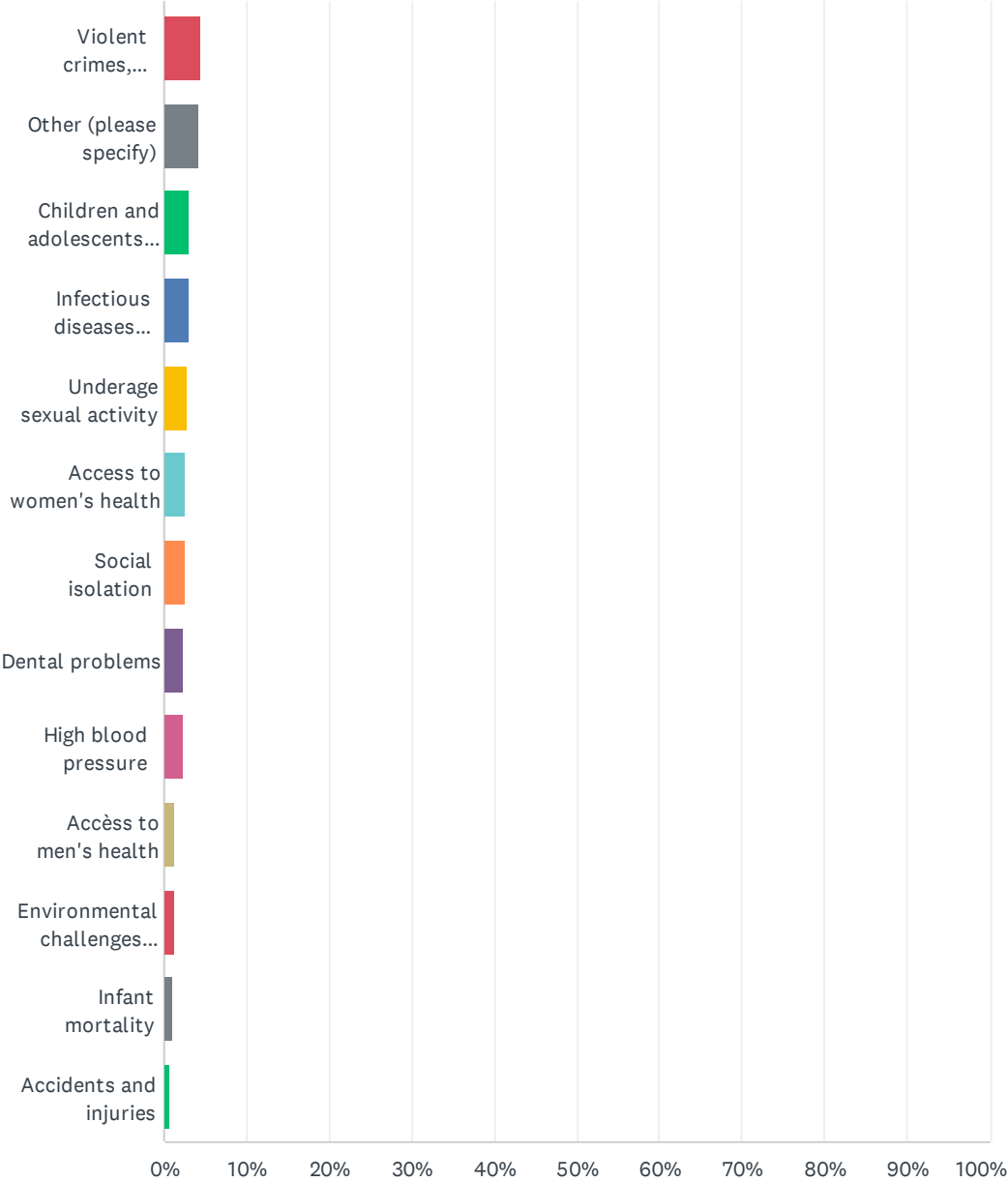


Q1 Please select the top three (3) concerns that impact the health/well being of the people who live in Hancock County.

Answered: 961 Skipped: 4



2023 Hancock County Community Health Needs Assessment

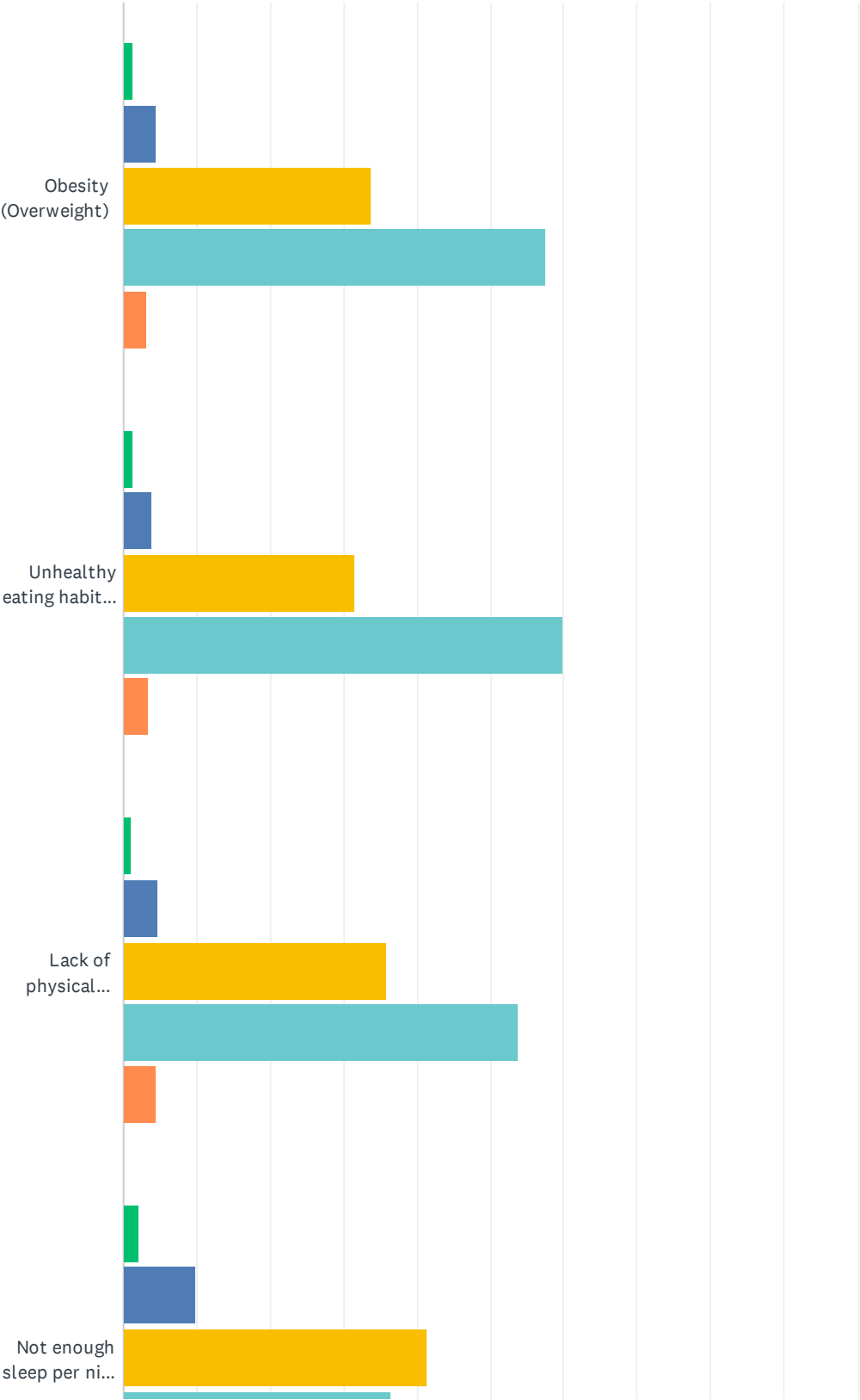


2023 Hancock County Community Health Needs Assessment

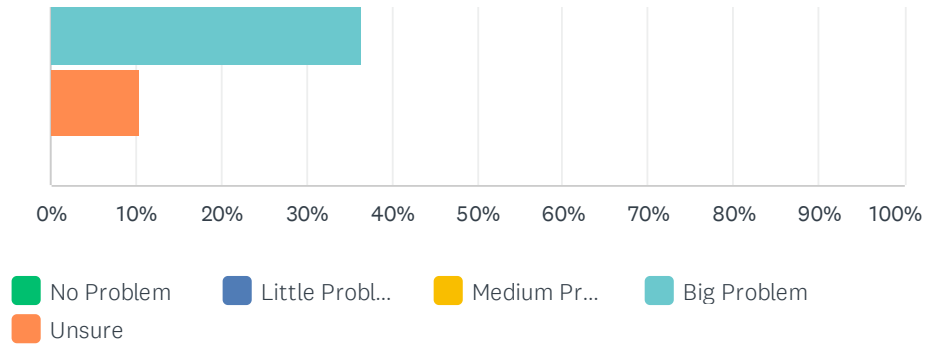
ANSWER CHOICES	RESPONSES	
Cost of health insurance, healthcare, & /or medications	61.60%	592
Mental health and suicide	43.50%	418
Addiction and drug overdoses	34.96%	336
Obesity	23.10%	222
Chronic diseases (cancer, diabetes, heart disease, etc.)	17.17%	165
Access to safe/affordable housing	15.19%	146
Senior services & caregiving	11.65%	112
Access to affordable screenings (mammograms, cardiac, lung, etc.)	8.84%	85
Tobacco using/vaping	8.01%	77
Access to affordable prevention & health education services	8.01%	77
Access to transportation	7.91%	76
Access to healthy food	6.87%	66
Access to primary care	6.56%	63
Parenting skills & support	6.56%	63
Trauma & child abuse/neglect	5.93%	57
Poverty	5.83%	56
Needs of people with disabilities	5.20%	50
Bullying	4.89%	47
Violent crimes, assault, sexual violence, and domestic violence	4.58%	44
Other (please specify)	4.16%	40
Children and adolescents unsupervised after school	3.02%	29
Infectious diseases (COVID, etc.)	2.91%	28
Underage sexual activity	2.81%	27
Access to women's health	2.60%	25
Social isolation	2.60%	25
Dental problems	2.29%	22
High blood pressure	2.29%	22
Access to men's health	1.25%	12
Environmental challenges (such as air and water quality)	1.25%	12
Infant mortality	1.04%	10
Accidents and injuries	0.73%	7
Total Respondents: 961		

Q2 Please choose how much of a problem each of the following health topics are for Hancock County in your opinion? (General Health Behaviors)

Answered: 957 Skipped: 8



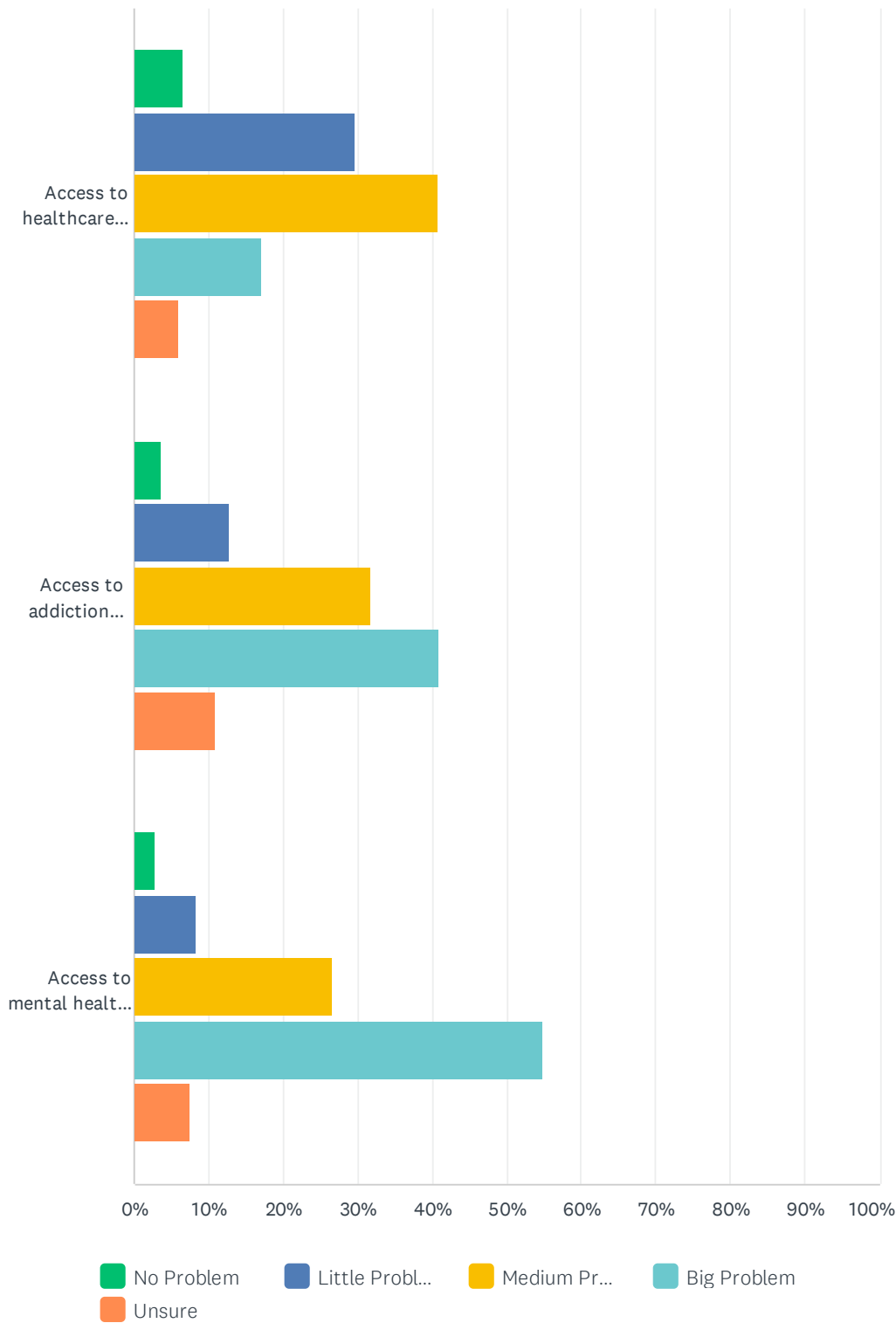
2023 Hancock County Community Health Needs Assessment



	NO PROBLEM	LITTLE PROBLEM	MEDIUM PROBLEM	BIG PROBLEM	UNSURE	TOTAL
Obesity (Overweight)	1.18% 11	4.40% 41	33.73% 314	57.57% 536	3.11% 29	931
Unhealthy eating habits (1/2 plate vegetables/fruit, 1/4 plate whole grains, & 1/4 plate lean protein)	1.36% 13	3.78% 36	31.48% 300	59.92% 571	3.46% 33	953
Lack of physical activity (Children: 6-17: 60 min./day) (Adults: 150 min. of moderate physical activity/week plus 2 days of muscle strengthening activity/week)	1.15% 11	4.71% 45	35.81% 342	53.82% 514	4.50% 43	955
Not enough sleep per night (School children: 9-11 hours/night, teens: 8-10 hours/night, & adults: 7-9 hours/night)	2.10% 20	9.75% 93	41.30% 394	36.37% 347	10.48% 100	954

Q3 Please choose how much of a problem each of the following health topics are for Hancock County in your opinion? (Access to services for youth and/or adults)

Answered: 957 Skipped: 8

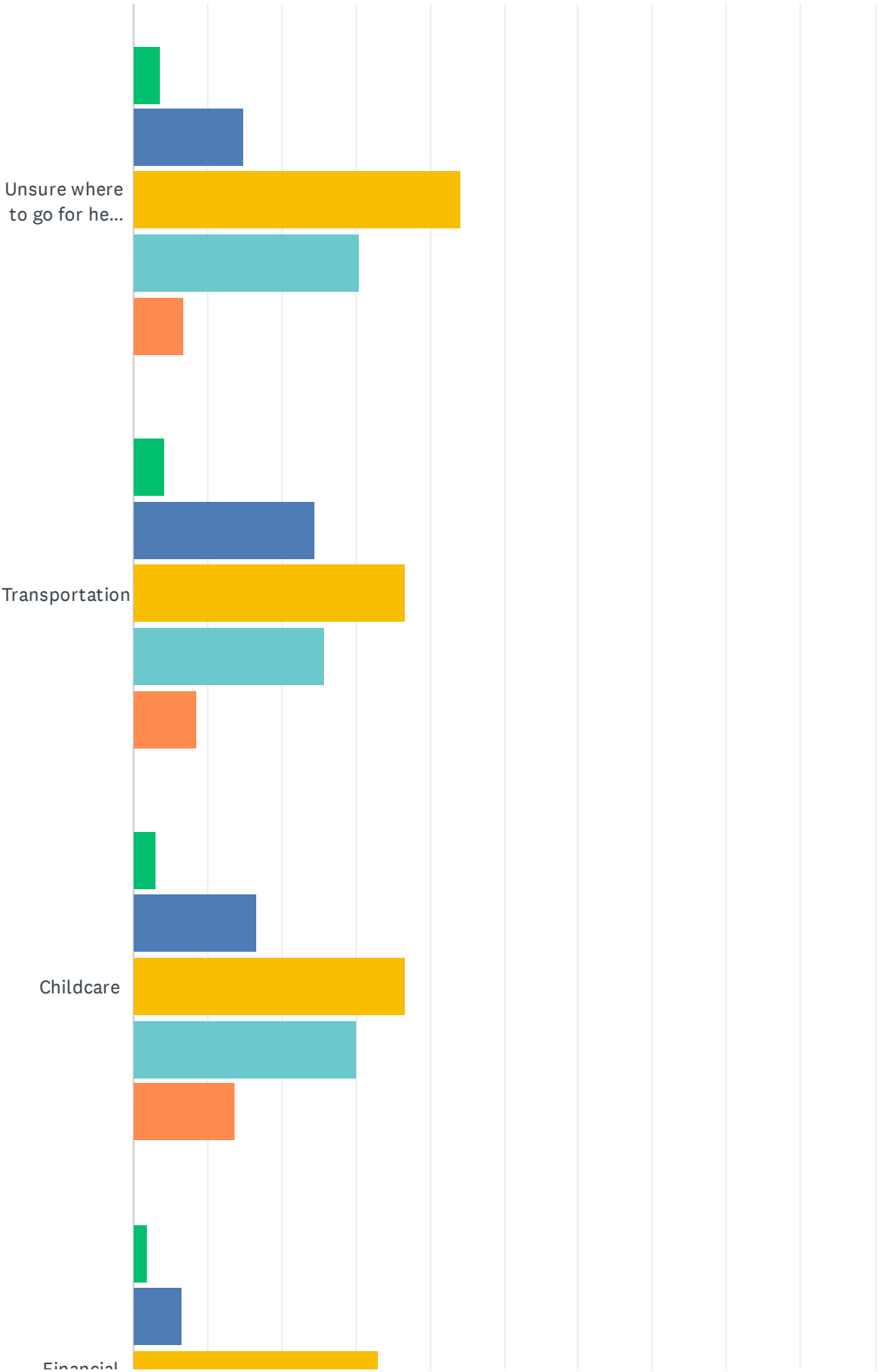


2023 Hancock County Community Health Needs Assessment

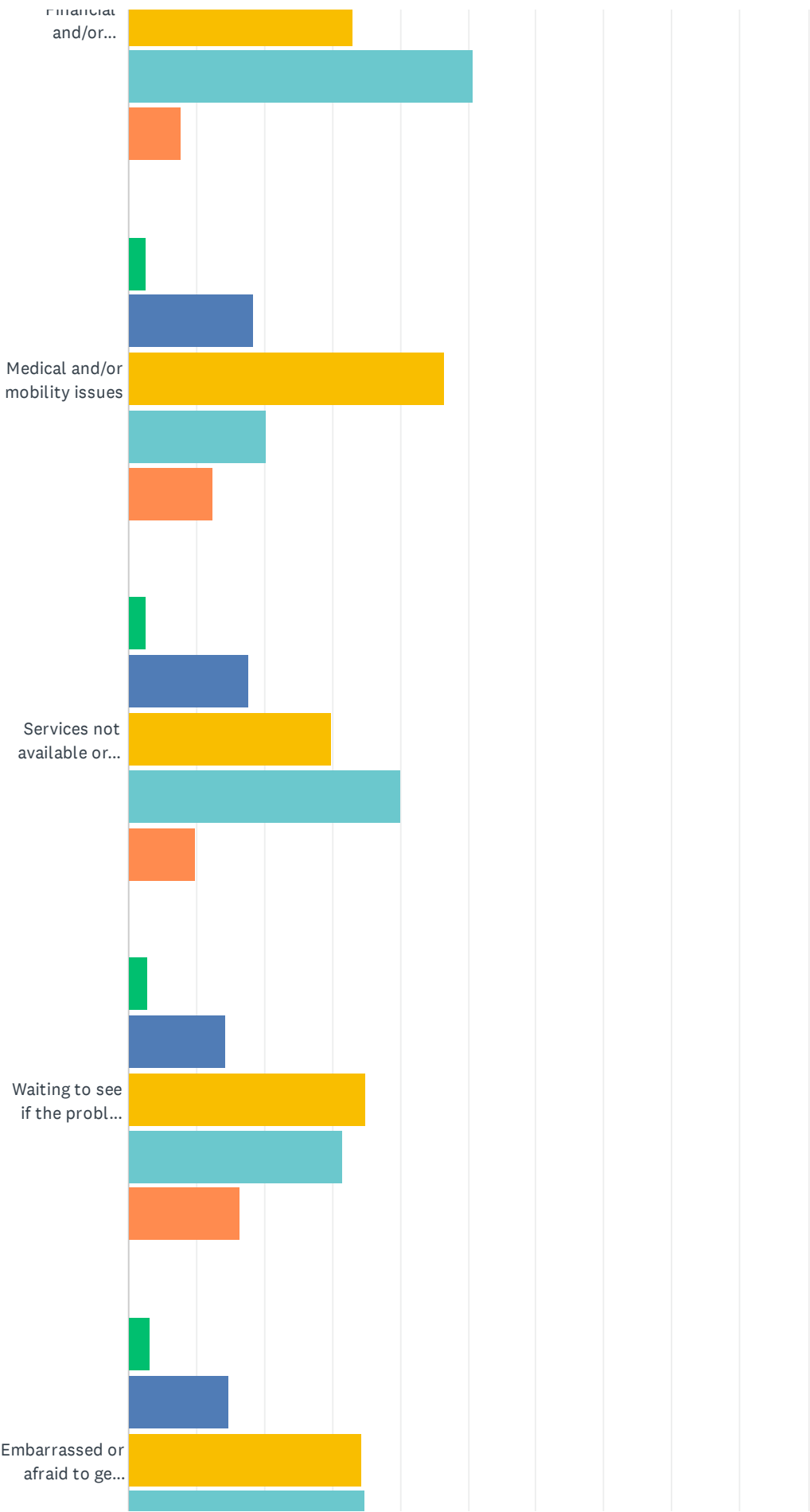
	NO PROBLEM	LITTLE PROBLEM	MEDIUM PROBLEM	BIG PROBLEM	UNSURE	TOTAL
Access to healthcare services	6.60% 63	29.74% 284	40.73% 389	17.07% 163	5.86% 56	955
Access to addiction treatment and services	3.55% 34	12.85% 123	31.77% 304	40.96% 392	10.87% 104	957
Access to mental health treatment and services	2.72% 26	8.27% 79	26.70% 255	54.76% 523	7.54% 72	955

Q4 Please choose how much of a problem each of the following health topics are for Hancock County in your opinion? (Barriers to healthcare for youth and/or adults)

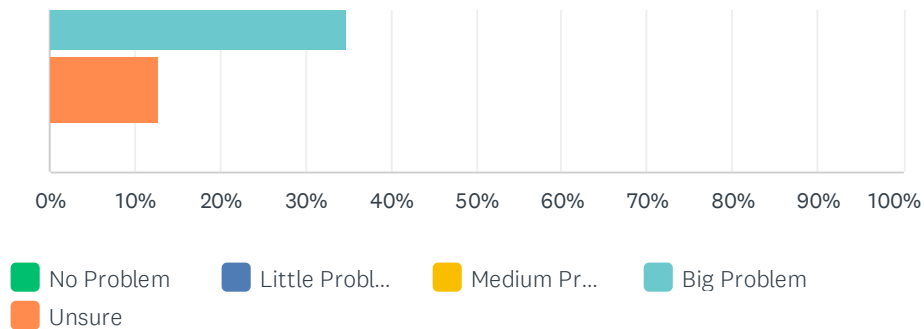
Answered: 958 Skipped: 7



2023 Hancock County Community Health Needs Assessment



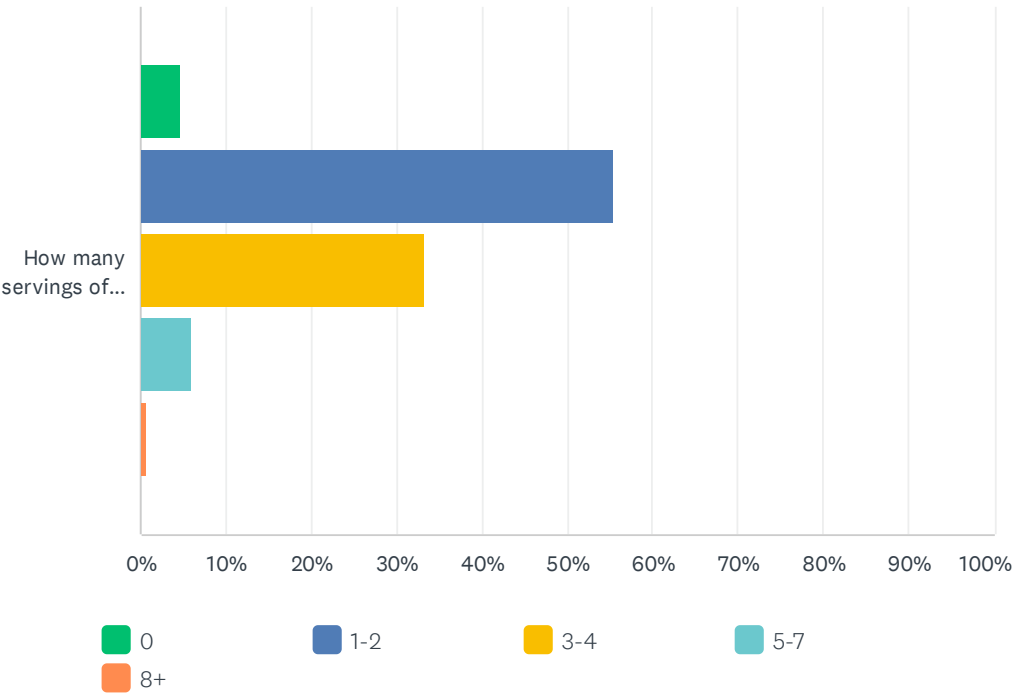
2023 Hancock County Community Health Needs Assessment



	NO PROBLEM	LITTLE PROBLEM	MEDIUM PROBLEM	BIG PROBLEM	UNSURE	TOTAL
Unsure where to go for help or unsure what is available	3.56% 34	14.96% 143	44.14% 422	30.44% 291	6.90% 66	956
Transportation	4.30% 41	24.55% 234	36.73% 350	25.81% 246	8.60% 82	953
Childcare	2.97% 28	16.53% 156	36.76% 347	30.08% 284	13.67% 129	944
Financial and/or insurance	1.89% 18	6.52% 62	33.02% 314	50.79% 483	7.78% 74	951
Medical and/or mobility issues	2.61% 25	18.39% 176	46.50% 445	20.17% 193	12.33% 118	957
Services not available or wait time is too long	2.51% 24	17.59% 168	29.95% 286	40.10% 383	9.84% 94	955
Waiting to see if the problem goes away	2.84% 27	14.39% 137	34.87% 332	31.51% 300	16.39% 156	952
Embarrassed or afraid to get help	3.25% 31	14.80% 141	34.42% 328	34.84% 332	12.70% 121	953

Q8 Select the response below that best answers the question.

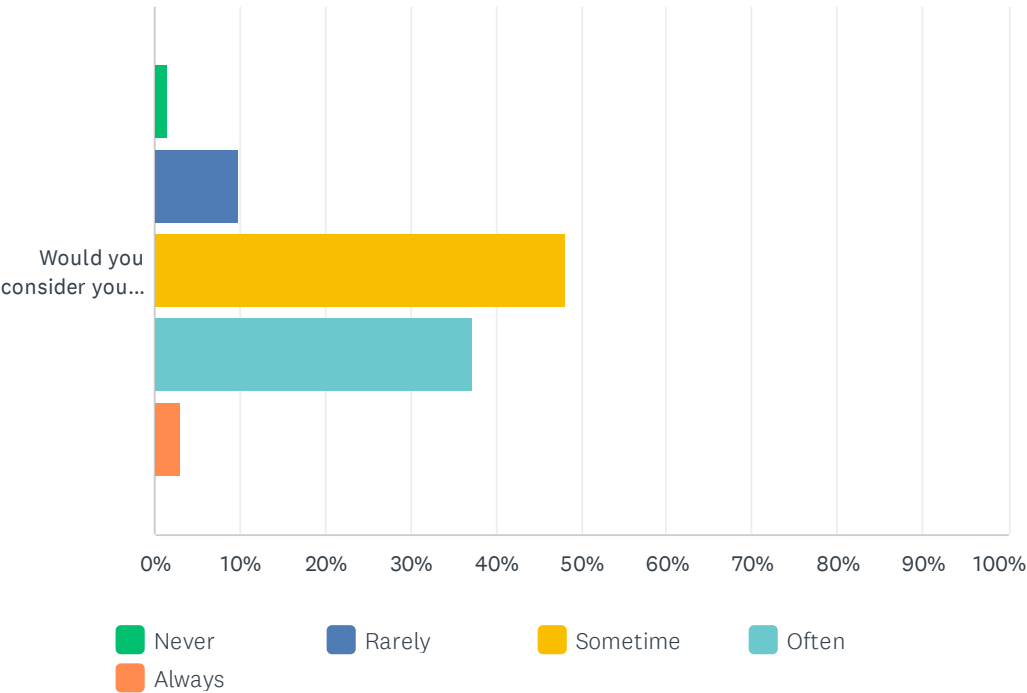
Answered: 906 Skipped: 59



	0	1-2	3-4	5-7	8+	TOTAL
How many servings of fruit/vegetables do you usually eat each day?	4.75% 43	55.41% 502	33.33% 302	5.96% 54	0.55% 5	906

Q9 Select the response below that best answers the question.

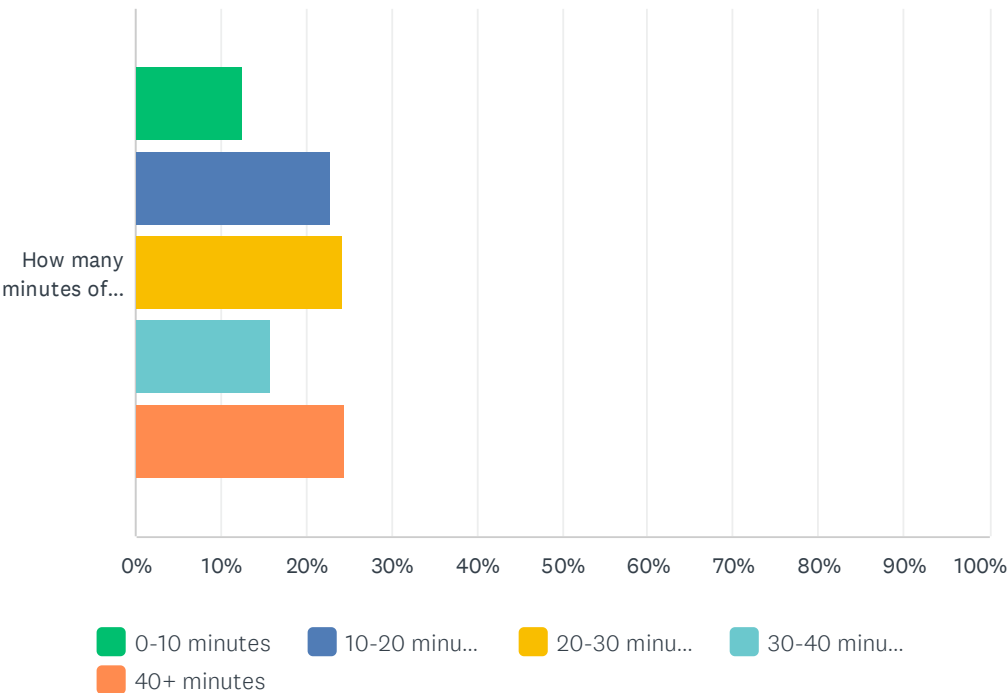
Answered: 903 Skipped: 62



	NEVER	RARELY	SOMETIME	OFTEN	ALWAYS	TOTAL
Would you consider your eating habits healthy?	1.55%	9.86%	48.28%	37.32%	2.99%	
	14	89	436	337	27	903

Q10 Select the response below that best answers the question.

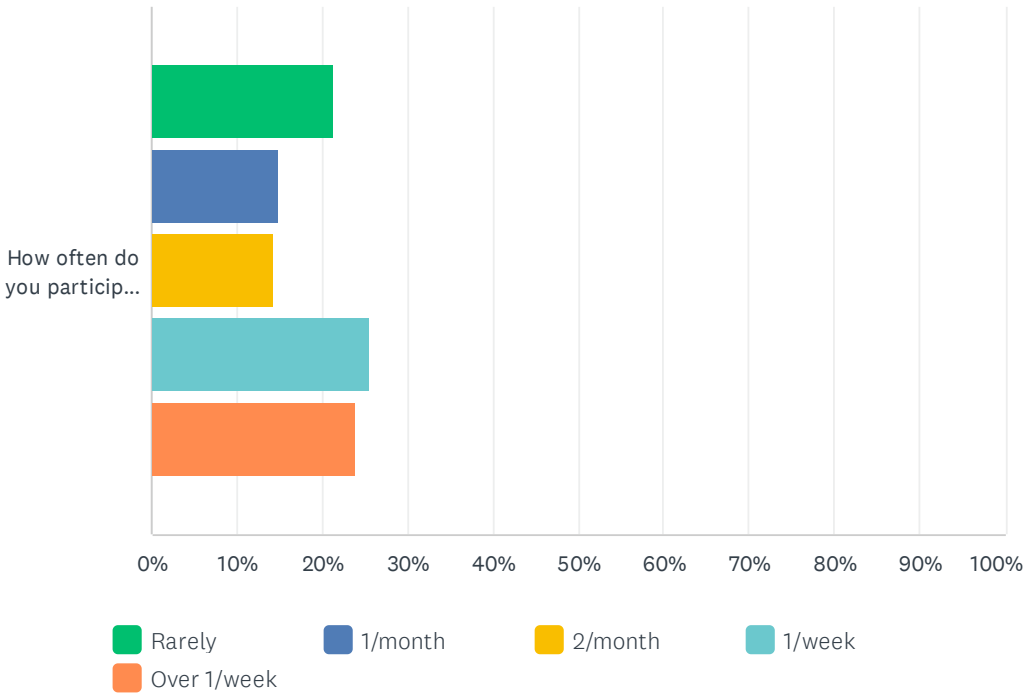
Answered: 902 Skipped: 63



	0-10 MINUTES	10-20 MINUTES	20-30 MINUTES	30-40 MINUTES	40+ MINUTES	TOTAL
How many minutes of active living per day: walking, biking, exercising, etc. (both planned or moving naturally)?	12.53% 113	22.73% 205	24.39% 220	15.85% 143	24.50% 221	902

Q11 Select the response below that best answers the question.

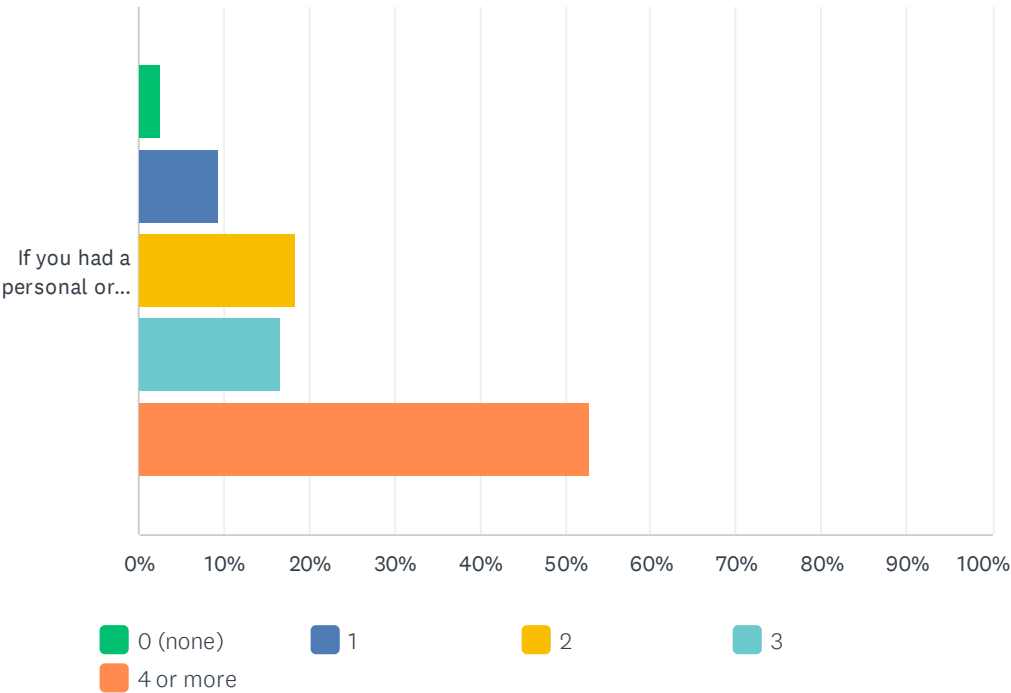
Answered: 905 Skipped: 60



	RARELY	1/MONTH	2/MONTH	1/WEEK	OVER 1/WEEK	TOTAL
How often do you participate in at least one group that provides you with enjoyment, meaning/purpose, and/or support such as a faith organization, club, friends, team, etc.?	21.33% 193	14.92% 135	14.25% 129	25.64% 232	23.87% 216	905

Q12 Select the response below that best answers the question.

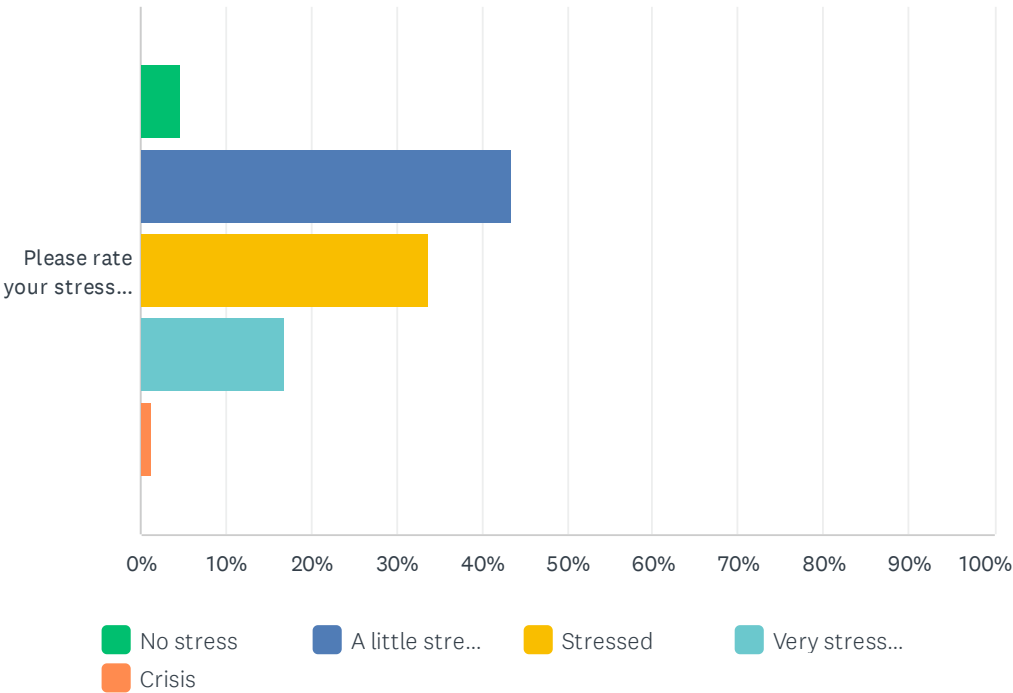
Answered: 906 Skipped: 59



	0 (NONE)	1	2	3	4 OR MORE	TOTAL	WEIGHTED AVERAGE
If you had a personal or medical crisis in the middle of the night, how many people (family & friends) could you call for help?	2.65% 24	9.38% 85	18.32% 166	16.67% 151	52.98% 480	906	4.08

Q13 Select the response below that best answers the question.

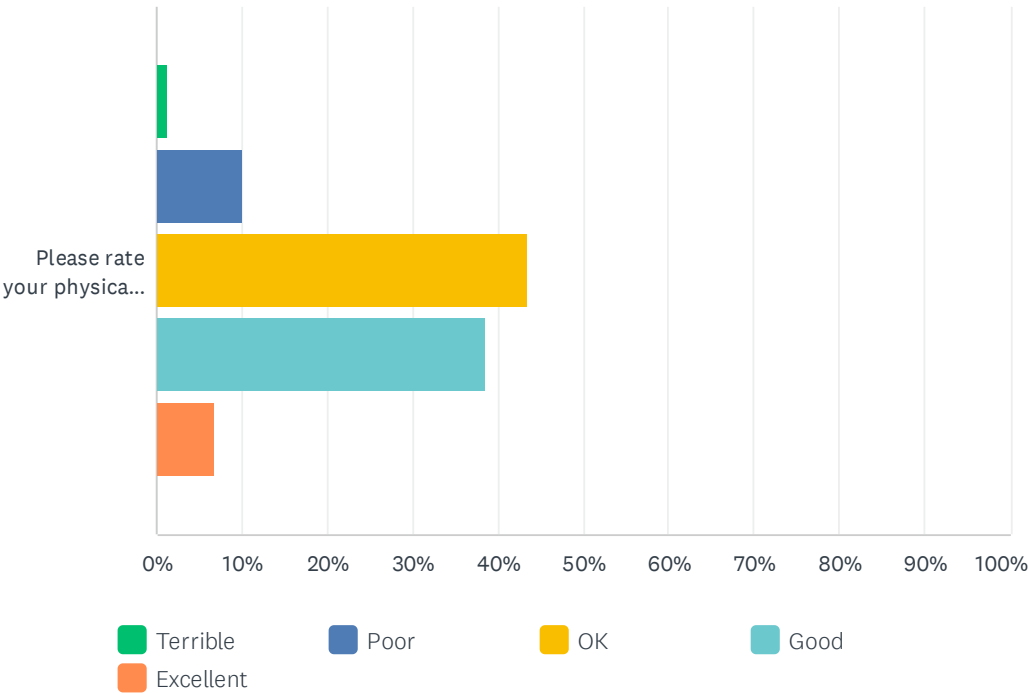
Answered: 902 Skipped: 63



	NO STRESS	A LITTLE STRESSED	STRESSED	VERY STRESSED	CRISIS	TOTAL
Please rate your stress level in your daily life.	4.66% 42	43.57% 393	33.70% 304	16.85% 152	1.22% 11	902

Q14 Select the response below that best answers the question.

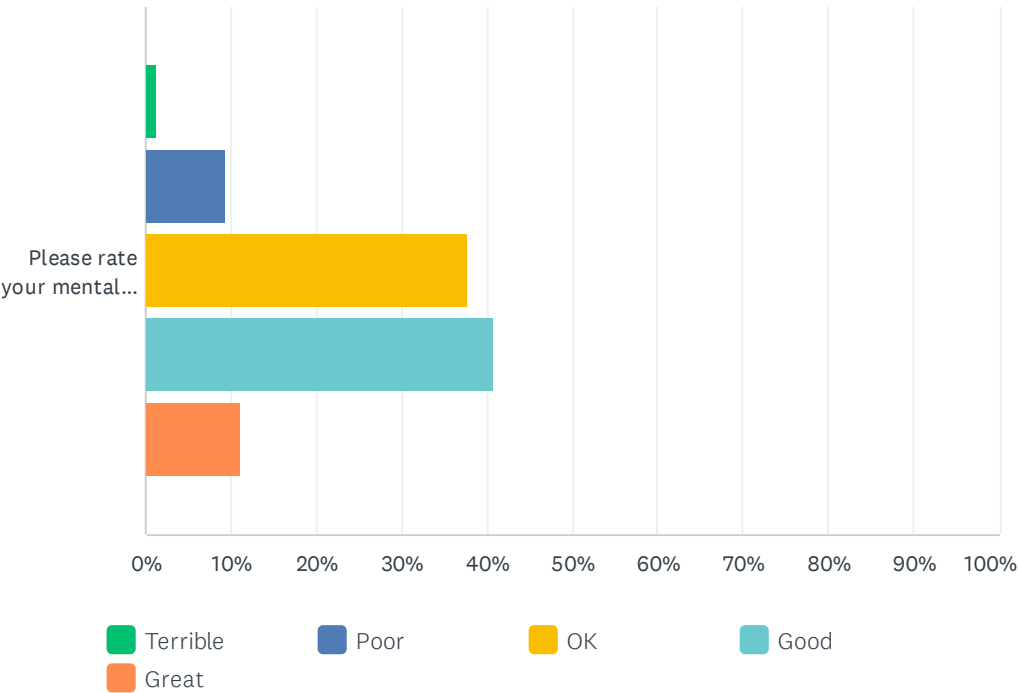
Answered: 899 Skipped: 66



	TERRIBLE	POOR	OK	GOOD	EXCELLENT	TOTAL
Please rate your physical health.	1.22%	10.01%	43.49%	38.49%	6.79%	
	11	90	391	346	61	899

Q15 Select the response below that best answers the question.

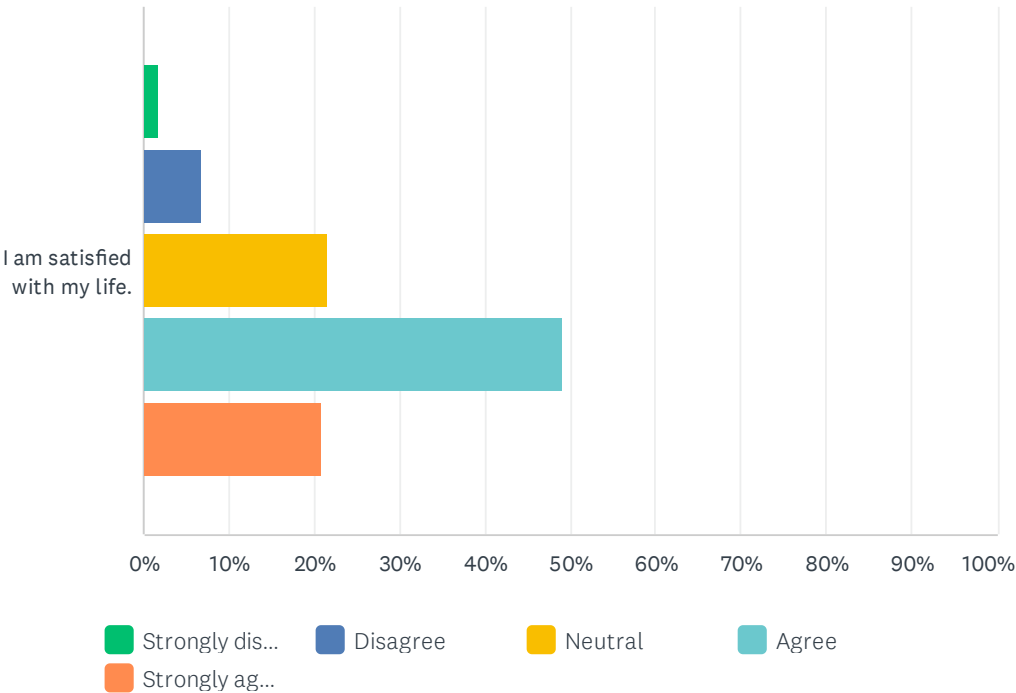
Answered: 903 Skipped: 62



	TERRIBLE	POOR	OK	GOOD	GREAT	TOTAL
Please rate your mental health.	1.22% 11	9.30% 84	37.76% 341	40.64% 367	11.07% 100	903

Q16 Select the response below that best answers the question.

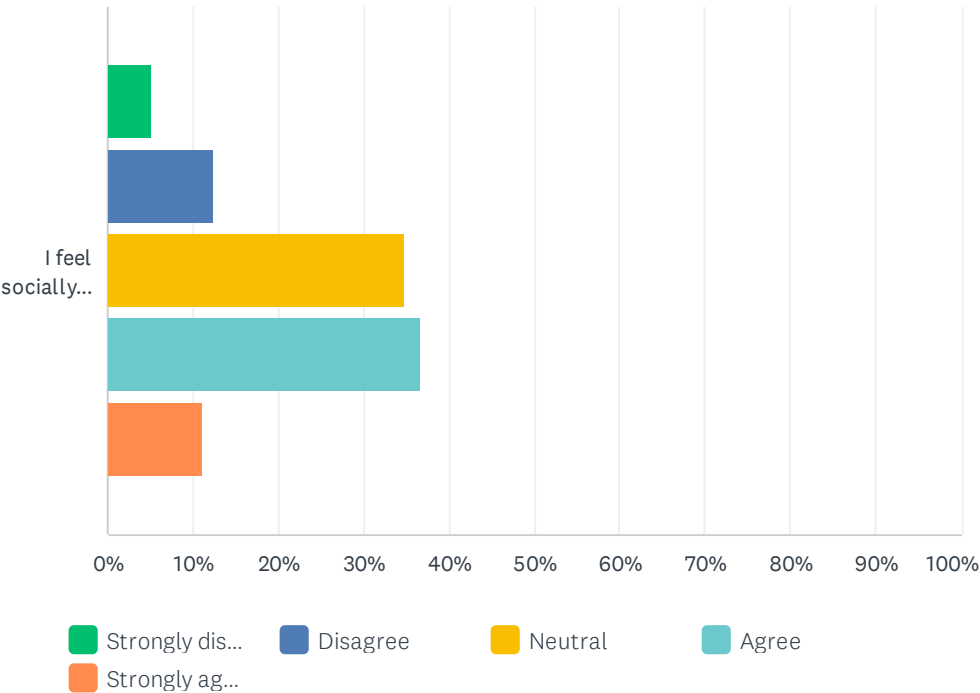
Answered: 904 Skipped: 61



	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	TOTAL
I am satisfied with my life.	1.66%	6.86%	21.57%	49.12%	20.80%	
	15	62	195	444	188	904

Q17 Select the response below that best answers the question.

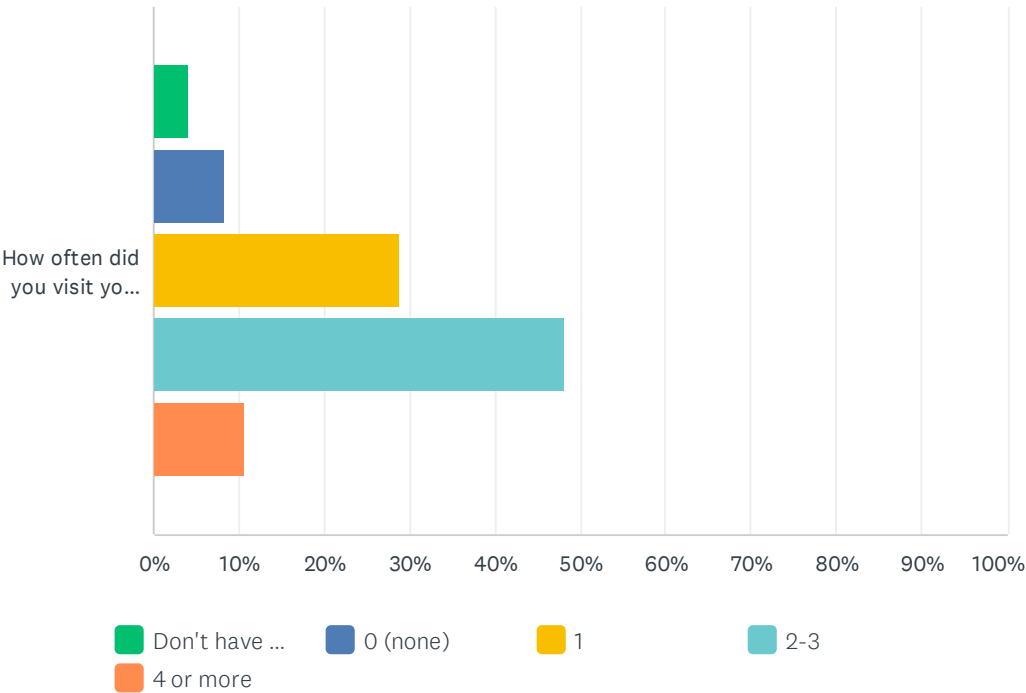
Answered: 903 Skipped: 62



	STRONGLY DISAGREE	DISAGREE	NEUTRAL	AGREE	STRONGLY AGREE	TOTAL
I feel socially connected with my community.	5.20% 47	12.29% 111	34.66% 313	36.77% 332	11.07% 100	903

Q18 Select the response below that best answers the question.

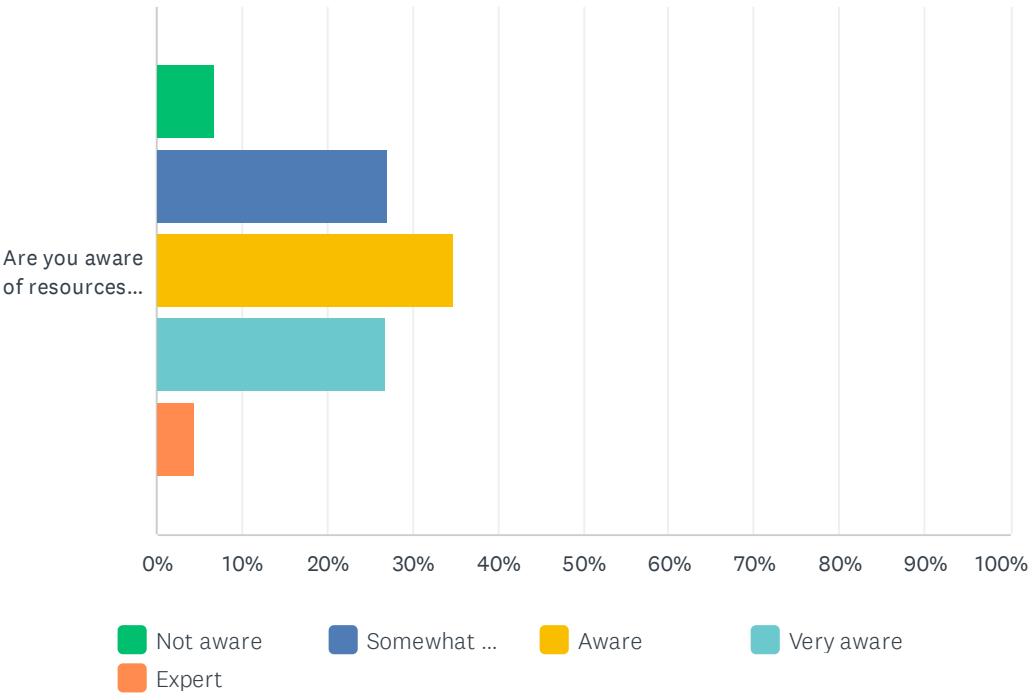
Answered: 905 Skipped: 60



	DON'T HAVE ONE	0 (NONE)	1	2-3	4 OR MORE	TOTAL
How often did you visit your primary care physician in 2022?	4.09% 37	8.29% 75	28.73% 260	48.29% 437	10.61% 96	905

Q19 Select the response below that best answers the question.

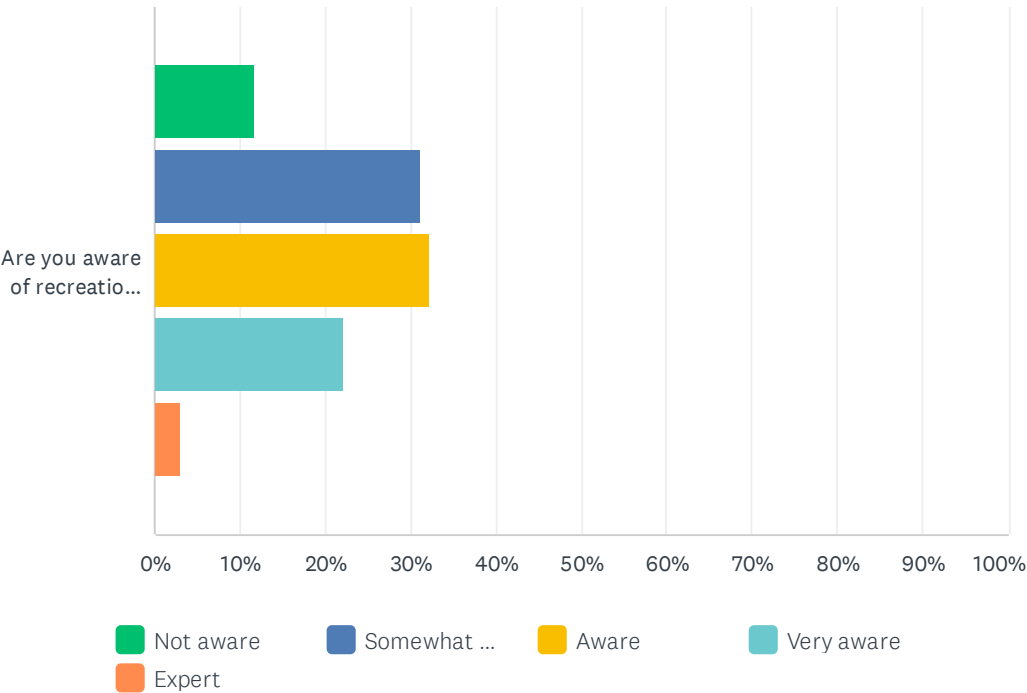
Answered: 902 Skipped: 63



	NOT AWARE	SOMEWHAT AWARE	AWARE	VERY AWARE	EXPERT	TOTAL
Are you aware of resources to help with your wellness and other needs?	6.87% 62	27.05% 244	34.70% 313	26.94% 243	4.43% 40	902

Q20 Select the response below that best answers the question.

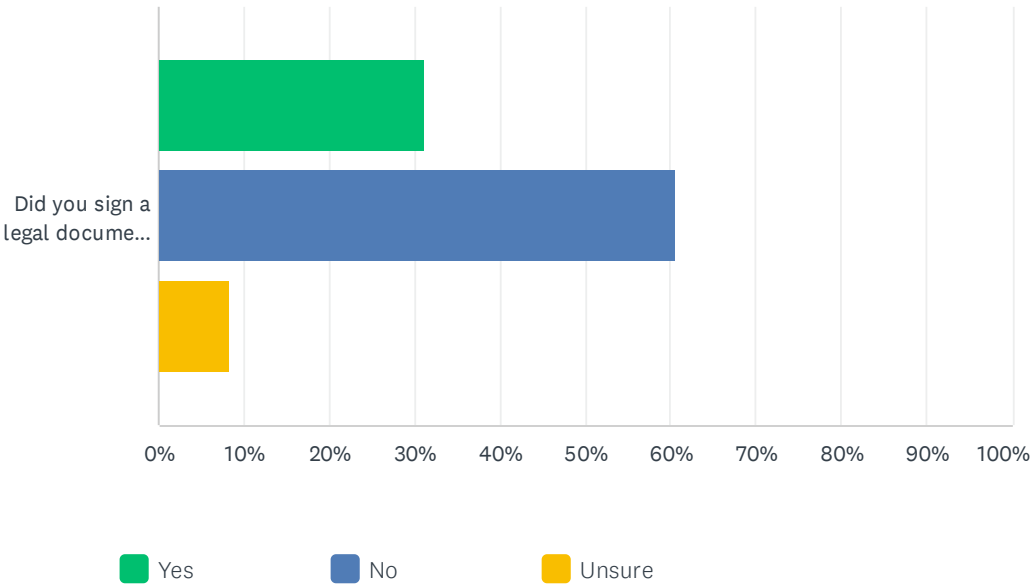
Answered: 901 Skipped: 64



	NOT AWARE	SOMEWHAT AWARE	AWARE	VERY AWARE	EXPERT	TOTAL
Are you aware of recreational resources in your community?	11.76% 106	31.08% 280	32.19% 290	22.09% 199	2.89% 26	901

Q21 Select the response below that best answers the question.

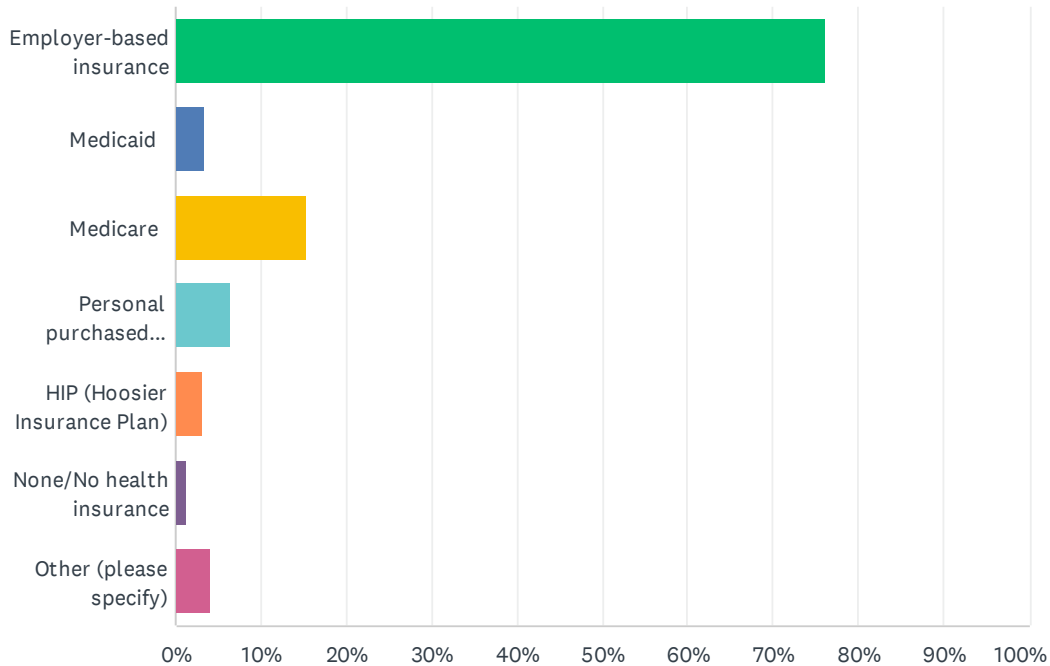
Answered: 898 Skipped: 67



	YES	NO	UNSURE	TOTAL
Did you sign a legal document that identifies your healthcare representative & end of life care wishes?	31.07% 279	60.58% 544	8.35% 75	898

Q25 Where do you receive medical benefits if any? (Please select all that apply).

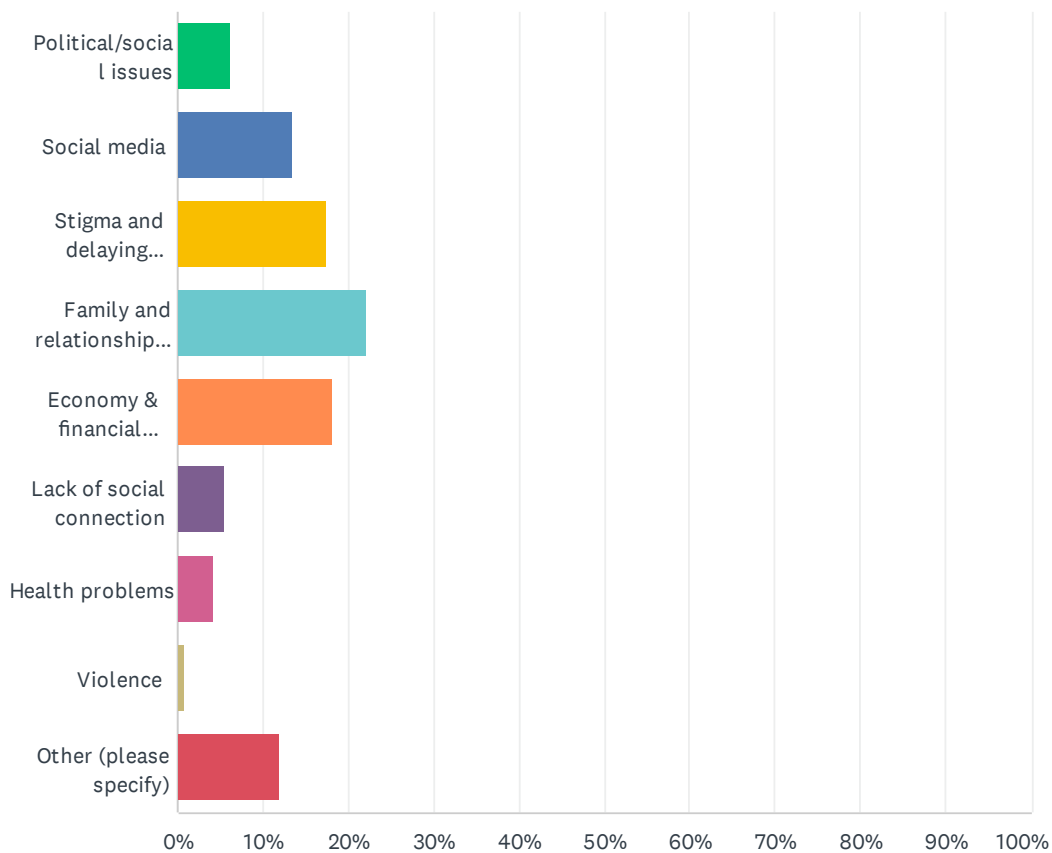
Answered: 902 Skipped: 63



ANSWER CHOICES	RESPONSES	
Employer-based insurance	76.16%	687
Medicaid	3.33%	30
Medicare	15.41%	139
Personal purchased health insurance/Healthcare Marketplace	6.32%	57
HIP (Hoosier Insurance Plan)	3.10%	28
None/No health insurance	1.33%	12
Other (please specify)	4.10%	37
Total Respondents: 902		

Q26 What is the top cause of mental health challenges?

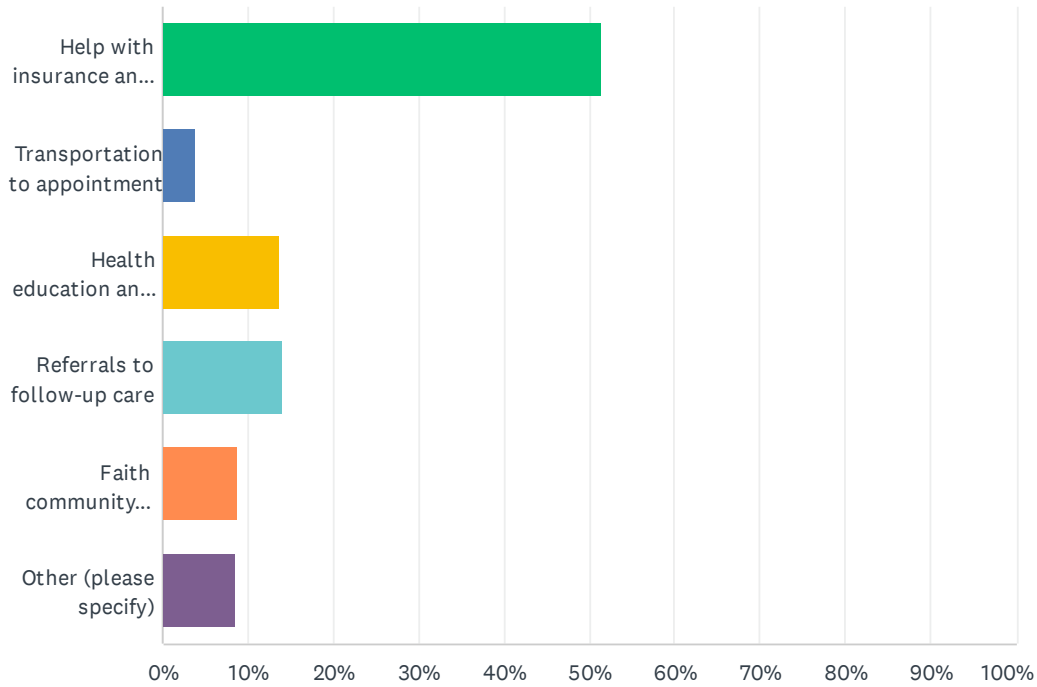
Answered: 897 Skipped: 68



ANSWER CHOICES	RESPONSES	
Political/social issues	6.24%	56
Social media	13.38%	120
Stigma and delaying treatment	17.50%	157
Family and relationship issues	22.07%	198
Economy & financial problems	18.06%	162
Lack of social connection	5.46%	49
Health problems	4.35%	39
Violence	0.89%	8
Other (please specify)	12.04%	108
TOTAL		897

Q27 What one service would be most helpful if you or your family had a medical crisis.

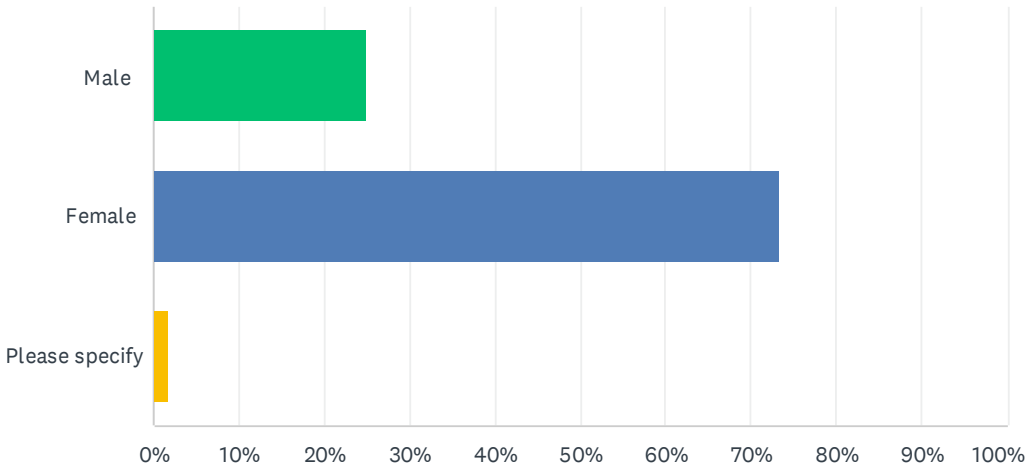
Answered: 889 Skipped: 76



ANSWER CHOICES	RESPONSES	
Help with insurance and costs	51.29%	456
Transportation to appointment	3.94%	35
Health education and support	13.61%	121
Referrals to follow-up care	14.06%	125
Faith community support	8.66%	77
Other (please specify)	8.44%	75
TOTAL		889

Q29 Your Gender/Identity

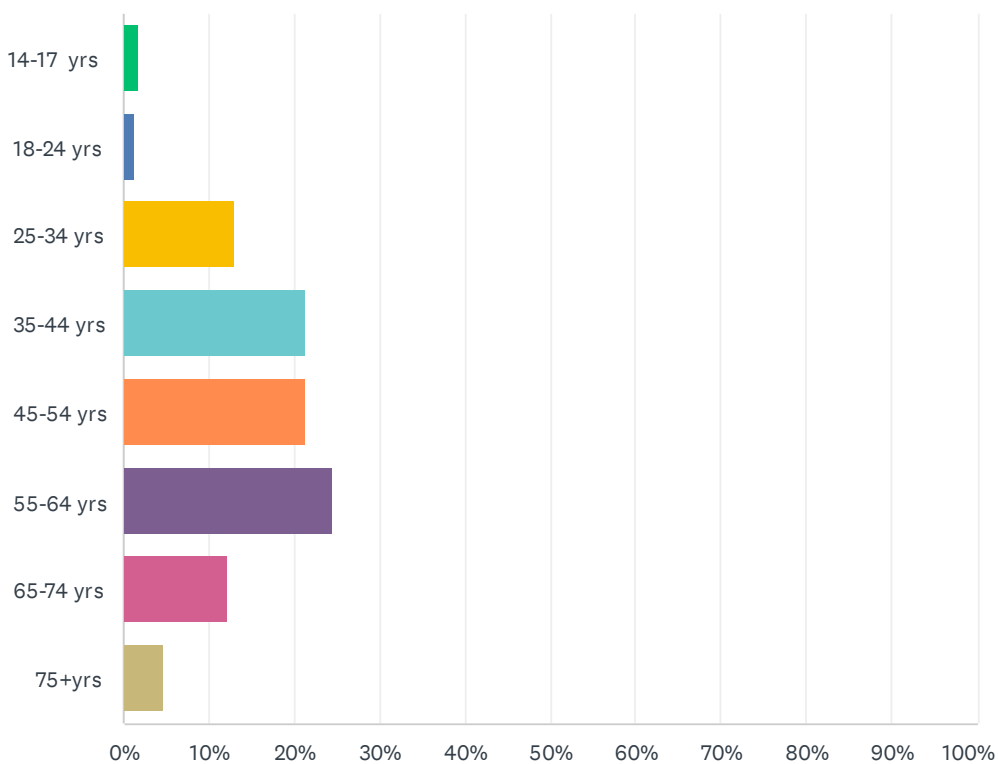
Answered: 890 Skipped: 75



ANSWER CHOICES	RESPONSES	
Male	24.94%	222
Female	73.37%	653
Please specify	1.69%	15
TOTAL		890

Q32 Age

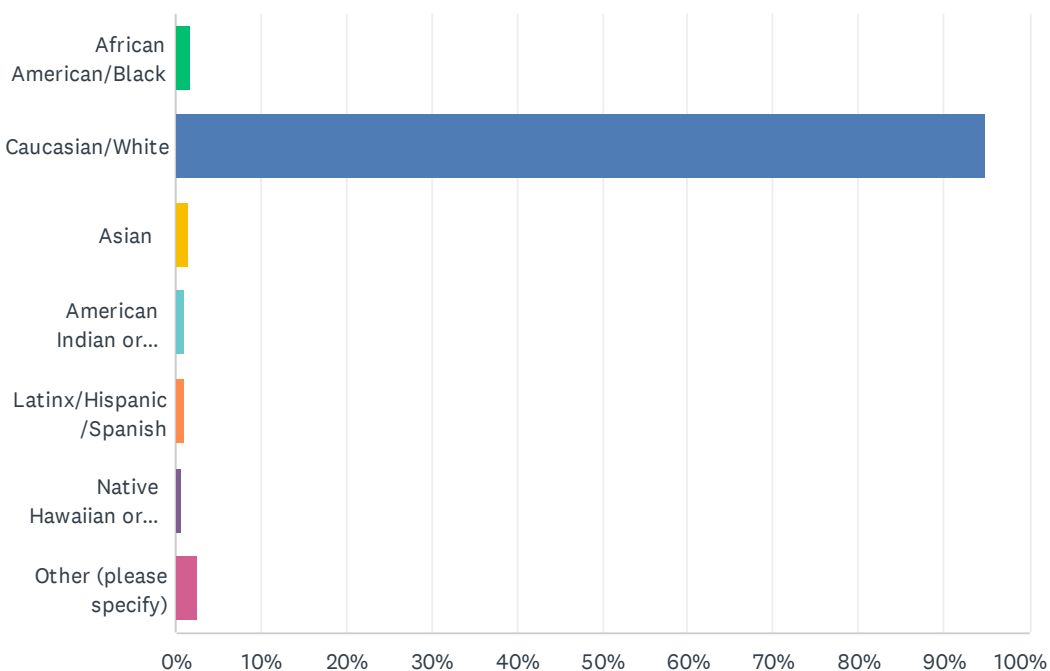
Answered: 886 Skipped: 79



ANSWER CHOICES	RESPONSES	
14-17 yrs	1.81%	16
18-24 yrs	1.24%	11
25-34 yrs	12.98%	115
35-44 yrs	21.33%	189
45-54 yrs	21.22%	188
55-64 yrs	24.60%	218
65-74 yrs	12.08%	107
75+yrs	4.74%	42
TOTAL		886

Q33 Your Race/Ethnic Background: (Please mark all that apply).

Answered: 886 Skipped: 79



ANSWER CHOICES	RESPONSES	
African American/Black	1.69%	15
Caucasian/White	94.92%	841
Asian	1.58%	14
American Indian or Alaska Native	1.02%	9
Latinx/Hispanic/Spanish	1.13%	10
Native Hawaiian or Pacific Islander	0.68%	6
Other (please specify)	2.60%	23
Total Respondents: 886		

2023 Community Health Needs Assessment

Hancock Regional Hospital

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2023 Hancock County Community Health Needs Assessment

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LETTER FROM THE HOSPITAL

To Our Community Members:

During 2023, a Community Health Needs Assessment was conducted by Hancock Regional Hospital that engaged the residents of Hancock Regional Hospital's service area in Indiana. We partnered with diverse members of the community to conduct a community health needs assessment and to adopt an implementation strategy to address applicable needs detected during the assessment process.

Hancock Regional Hospital is committed to providing high quality healthcare and exemplary customer service. Our goal with the attached Community Health Needs Assessment is to better understand the range of issues affecting the health needs of our community. We are pleased to present this comprehensive assessment of health care needs in our community. We look forward to working with you to optimize community health and continue meeting the Hancock Regional Hospital mission as caring community partners healing, improving health and wellness, alleviating suffering, and delivering acts of kindness one patient at a time.

Steve Long, President and CEO
Hancock Regional Hospital

HANCOCK REGIONAL HOSPITAL'S MISSION, VISION, AND VALUES

Our goal at Hancock Regional Hospital is simple: To give every person the personalized attention necessary for a happy, healthy life. Our mission, vision, and values embody this goal.

Our Mission

To be a Caring Community Partner by healing, improving health and wellness, alleviating suffering, and delivering acts of kindness one patient at a time.

Our Vision

To be nationally recognized for kindness in the delivery of excellent quality patient care, efficient and effective operations, the adoption of proven technologies, the creation of a positive workplace environment, and excellence in community service.

Our Values

Compassion. Respect. Integrity. Excellence. Commitment.

EXECUTIVE SUMMARY

Hancock Health is an Indiana-based, full-service healthcare network serving Hancock County and the surrounding areas. The health system includes Hancock Regional Hospital, Hancock Physician Network, and more than 20 other healthcare facilities including wellness centers, women's clinics, family practices, the Sue Ann Wortman Cancer Center, and the Hancock Health Connection Center, a community-focused, population health team. The goal at Hancock Regional Hospital is to give every individual the access, care, and resources to achieve and sustain the personalized health and well-being necessary for a happy, healthy life and thriving community.

Population health is an approach to health care that aims to improve not only the health of individual patients, but of the entire community. Through population health efforts, Hancock Regional Hospital continues to strengthen services with focus on the Triple Aim: simultaneously improving the health of the population served, enhancing the patient experience and outcomes, and reducing the cost of care.

For many healthcare and hospital leaders, discharge signals the end of patient care. However, Hancock Regional Hospital recognizes that for most patients it is just the beginning of their journey. Helping patients and their families through transition, while strengthening care and connections, shifts the focus from individual health care to optimizing the health of the community. This includes addressing the social determinants of health and promoting education and prevention strategies.

The team made notable progress since the last Community Health Needs Assessment. For example, Hancock Regional Hospital expanded Gateway to improve the health of the population by increasing access to affordable screening, testing, earlier diagnosis, and timely treatment. In addition, the hospital and the community implemented recommendations from a follow up needs assessment focused on mental health and substance use disorder that engaged diverse stakeholders and mental health/substance use disorder treatment providers, inventoried resources, conducted a gap analysis, identified barriers, and prioritized the significant mental health and substance use disorder prevention and treatment needs of the community.

In January 2020, because of the follow up needs assessment focused on mental health and substance use disorder, Hancock Health/Hancock Regional Hospital created and implemented the Hancock Health Connection Center. Hancock Health Connection Center is a confidential centralized connection for resources and support with our community's most pressing health issues. It provides education, navigation, and warm handoffs to members of the community impacted by mental illness and/or substance use disorder in addition to addressing additional social determinants of health. Support navigators are dedicated to removing barriers and providing connection to the right resource to meet the unique needs of each patient. In June 2022, Hancock Health Connection Center added a Justice System Support Navigator. In 2023, the center expanded to include a Peer Recovery Specialist as well as an additional Support Navigator.

In response to feedback from the Community Health Needs Assessment, Hancock Health/Hancock Regional Hospital launched a Behavioral Health Service Line during the summer of 2023 to improve the continuity of care for individuals throughout their healthcare journey. Over the next three years, the goal for the Behavioral Health Service Line is to improve access to care and reduce barriers to treatment by increasing the number of therapists available to provide treatment and integrating

behavioral health services with physician practices to increase access and reduce wait times for receiving treatment. The Behavioral Health Service Line includes all services at Hancock Health provided by psychiatry, psychology, and social work. This consists of Hancock Counseling & Psychiatric Services, RISE Recovery & Wellness, Connection Center, Community Outreach, Emergency Department Social Work, Behavioral Health Integration and School-Based Therapy. Making behavioral health a priority will have a profound effect on an individual's ability to manage other chronic medical conditions. The Behavioral Health Service Line will utilize Support Navigation in conjunction with clinical therapy to improve the opportunity for individuals to address their mental health needs while also addressing any social determinant of health needs.

Hancock Health understands the importance of being an integral part of Hancock County community. Through the following initiatives, Hancock Health Connection Center can truly focus on enhancing prevention, education, and access to resources that are otherwise not accessible to patients. These initiatives include, but are not limited to:

- Community Reinforcement and Family Training (CRAFT) - a free and highly effective workshop for families impacted by addiction.
- Critical Incident Stress Management (CISM) - a trained multidisciplinary Hancock County team that helps minimize the potentially harmful stress related symptoms associated with critical incidents.
- Rise Above It - an event that offers space for adults and youth to talk about mental health and connect with potential sources help.
- Suicide Prevention Training (QPR) - QPR helps train individuals to recognize signs of self-harm and suicide ideation in a friend, family member, classmate, or coworker.
- Systems of Care (SOC) - a collaborative support system for mental health or substance misuse treatment for youth and families.

The 2023 Community Health Needs Assessment highlighted and prioritized the following top health concerns and needs of the population in Hancock Regional Hospital's service area:

- Mental health, substance use disorder, and prevention of drug overdoses and suicide
- Cost of insurance, healthcare, and medications
- Obesity and the need to prevent and intervene earlier in chronic diseases

The community also identified the following other significant health needs:

- Lack of safe and affordable housing
- Senior services and caregiving

The Community Health Needs Assessment Implementation Strategy to address the prioritized significant health concerns can be found on the website of Hancock Health/Hancock Regional Hospital: https://hancockhealth.in/2023CHNA_Implementation. One of the Most significant responses to the 2023 Community Health Needs Assessment was the creation of a Behavioral Health Service Line for Hancock Health /Hancock Regional Hospital.

EXISTING HEALTH CARE FACILITIES AND RESOURCES SERVING OUR COMMUNITY

Hancock Regional Hospital Overview

Headquartered in Greenfield, Indiana, Hancock Health is the destination for health and well-being for East Central Indiana. The hospital is committed to providing patients and the community with a range of services, innovation, and medical excellence—providing the unmatched quality and immense capability with the comfort and convenience that comes from being close to home, family and friends. A key part of the Hospital’s mission is to “never abandon a person in need of health care services in our community regardless of his or her ability to pay,” and the Hospital is true to this mission. In addition to subsidizing Medicare and Medicaid reimbursements, the Hospital writes off roughly \$1.5 million each month for charity care.

History

Hancock Regional Hospital was the dream of Mrs. Fannie Andis. Mrs. Andis lost her one and only child at birth. She always felt that if a hospital was in Greenfield, her child would not have died. Ultimately, she began a crusade to bring a hospital to Greenfield. She donated the land to the county where the Hospital currently sits, and in 1951, Hancock Memorial Hospital was established. In 2005, the Hospital was renamed Hancock Regional Hospital.

Since then, Hancock Regional Hospital has provided Hancock County with the services of a full-service community hospital with a focus on primary care, patient comfort and convenience. Hancock Regional Hospital offers private rooms and a highly skilled medical and professional nursing staff along with a state-of-the-art surgery department. Likewise, we offer 24-hour emergency services, OB services, progressive and critical care units, home healthcare, occupational health, a transitional care unit, a comprehensive oncology program including a state-of-the-art radiation oncology center, and a full complement of other inpatient and outpatient services.

In 2000, to meet the growing health and wellness needs of the community, Hancock Health relocated its fitness facility to a new and larger 33,000 square foot facility and renamed it the Hancock Wellness Center. Leveraging the vision of this model to improve the health and well-being of the community proactively, Hancock Health expanded this ecosystem to two other community-forward locations: first in 2016 in McCordsville, then in 2020 Hancock Health opened Healthway Park in New Palestine. Hancock Health has since become an international thought-leader in the integrated medical fitness space, having invested in and delivered one of the most robust clinical wellness ecosystems in the world. This effort led to the concept of the “infrastructure of well-being” to describe the integrated, “surround-wellness” approach that has dramatically improved the health of Hancock County and beyond. As of early 2023, the Hancock Wellness Centers support over 13,500 members and over 500,000 visits annually across all three campuses with integrated physical activity, nutrition, healthcare education, and co-located labs, imaging, diagnostics, primary care, rehabilitation, and specialty care.

Between 2018 and 2021, Hancock Regional Hospital launched Gateway to improve the health of the population by increasing access to affordable screening, testing, earlier diagnosis, and timely treatment. In addition, the hospital and the community conducted a follow-up needs assessment focused on mental health and substance use disorder.

In January 2020 because of a follow up needs assessment focused on mental health and substance use disorder, Hancock Health/Hancock Regional Hospital created and implemented the Hancock Health Connection Center, a confidential centralized connection for resources and support with our community's most pressing health issues. In June 2022, Hancock Health Connection Center added a Justice System Support Navigator. In 2023, the center expanded to include a Peer Recovery Specialist as well as an additional Support Navigator. During the summer of 2023, Hancock Health /Hancock Regional Hospital created a Behavioral Health Service Line.

Additional Healthcare Facilities and Resources

The community is home to other healthcare facilities and resources that complement the work of Hancock Regional Hospital. Please see Appendix A as well as <https://www.behealthy365.org/resources/> for a description of healthcare facilities and resources that are available to respond to the health needs of the community. Hancock Regional Hospital also created a mental health pocket guide to help the community find resources and treatment for mental illness and substance use disorder. The guide can be found at https://www.behealthy365.org/wp-content/uploads/2022/08/h365-Z-card-Directory_05042022-Final.pdf.

OUR COMMUNITY

Hancock Health serves Hancock County as well as communities throughout the entirety of East-Central Indiana – with a primary service area spanning Marion, Hamilton, Madison, Hancock, and Shelby counties to the West and stretching as far East as the Ohio/Indiana state line. The health system includes Hancock Regional Hospital, Hancock Physician Network and more than 20 other healthcare facilities such as three Wellness Centers, women's clinics, 4 family practices, 2 Internal Medicine practices, and multiple specialty offices, the Sue Ann Wortman Cancer Center, Hancock Health Connection Center, Hancock Behavioral Health Services, Gateway Park, Healthway Park, and an Employer Based Clinic. Hancock Health offers enhanced patient care through relationships with The Mayo Clinic, Peyton Manning Children's Hospital, and the St. Vincent Heart Center. The main campus, Hancock Regional Hospital, is in Greenfield and consists of 69 beds. A highly skilled medical and professional nursing staff anchors the hospital. The hospital consists of a state-of-the-art surgery department, 24-hour emergency services, women's and children's services, progressive and critical care, home healthcare, a full range of rehabilitation services, a transitional care unit, hospice services and a total oncology program with a cutting-edge radiation oncology center. Hancock Regional Hospital provides patients with private rooms and a full complement of inpatient and outpatient services. Hancock Health's best-in-state quality of care and integrated approach to health and well-being across this ecosystem of solutions, infrastructure, expertise, and resources led to Hancock Health being invited to join the Mayo Clinic Care Network – creating a direct connection to the experts at the Mayo Clinic for consultation, complex case reviews, ongoing education and training, and clinical support for all Hancock Health patients and stakeholders.

According to the 2023 County Health Rankings, Hancock County is ranked 4th of 92 counties in health outcomes in Indiana and has been designated as an "Indiana Healthy Community" since 2016. The ranking in health outcomes compares the health of counties within the state, measuring how long

people live and how healthy people feel. Hancock County is ranked 4th of 92 counties in health factors. Health factors represent what influences the health of a county, including social determinants, health behaviors, clinical care, and physical environment.

DEMOGRAPHICS OF OUR COMMUNITY

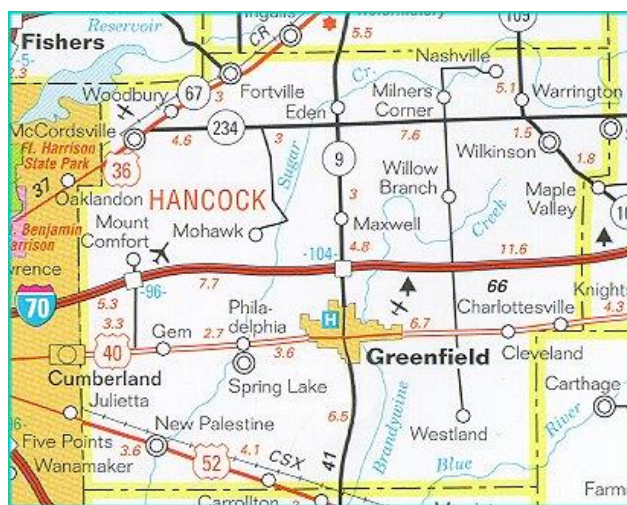
Population and Geographic Demographics

According to US. Census estimates and Stats Indiana, the 2021 population estimate for Hancock County was 81,789 people and it is ranked in size as number 22 out of 92 counties in Indiana.¹ In 2020 the population was 79,840 people and it was ranked in size as number 22.² In 2016 the population was 73,765 people, ranked 22nd. In 2010, the population was 70,060, ranked 23rd. The projected population in 2030 is expected to continue rising to approximately 85,043 people.

The largest city in Hancock County is Greenfield at 24,009 followed by McCordsville at 9,524 and Fortville at 4,835.³ Many of the communities are in rural areas and the county has a significant amount of farmland. The following is a list of cities in Hancock County and their population sizes.

Cumberland: 6,182	Fortville: 4,835
Greenfield: 24,009	McCordsville: 9,524
New Palestine: 2,857	Shirley: 826
Spring Lake: 213	Wilkinson: 418

The following is a map with the key cities within the county.



The median age for Hancock County residents is 40.3 years old. This is older than the median age in all of Indiana, which is 37.9 years old and the average throughout the U.S., which is 38.4 years old.

¹ IN Indicators accessed on 3/29/23: https://www.stats.indiana.edu/population/popTotals/2021_cntyest.asp

² IN Indicators accessed on 3/29/23: https://www.stats.indiana.edu/population/popTotals/2021_cntyest.asp

³ 2021 census estimate accessed on 3/29/23: <https://www.census.gov/quickfacts/>

	Hancock County	Indiana	United States
Median Age	40.3	37.9	38.4

Source: American Community Survey 5-year average for 2021 (This method reduces error and outliers in the data.)

Gender is split between men and women at 49.8% female and 50.2% male. This data is close to the national average of 50.5% female and 49.5% male. The 5-year average racial/ethnic demographics from 2017 – 2021 for Hancock County was 91.3% White/Caucasian, 2.7% Latinx/Hispanic, 2.7% African American/Black, and .08% Asian. Below is a chart with the comparison between Hancock County, Indiana, and the United States.

	Hancock County	Indiana	United States
White/Caucasian	91.3%	77.8%	59.4%
African American/Black	2.7%	9.3%	12.2%
Latinx/Hispanic	2.7%	7.3%	18.4%
Asian	.8%	2.4%	5.6%
Other	.3%	.3%	.4%

Source: American Community Survey 5-year average for 2021 (This method reduces error and outliers in the data.)

In 2021, the Hancock County racial/ethnic demographics were White/Caucasian (91.3%), African American/Black Alone (2.7%), Two or More race groups (3.4%), Asian Alone (1.4%), and American Indian or Alaska Native Alone (.7%). This population included 2.7% of people who were Latinx/Hispanic.⁴

Social Determinants of Health

Social determinants of health are an important driver in the health of a community. A social determinant of health is a health assessment measurement that often predicts the inequality or the health outcomes of different communities. This section will analyze unemployment rates, poverty rates, average income, level of education, behavioral indicators (such as rates of obesity, smoking, and excessive drinking), rates of disease (such as diabetes, cancer, and heart disease), and access to healthcare.

The 2017 - 2021 five-year average unemployment rate in Hancock County was 2.1% compared to the overall rate in Indiana of 3%. 4.8% of individuals in Hancock County were living in poverty. The average household income was considerably higher in Hancock County than throughout the rest of Indiana. In Indiana the median household income was only \$61,944 compared to a Hancock County median of \$79,126. Out of 30,840 households, there were 11,159 households that make over \$100,000, which is a higher percentage than throughout all the United States.

2017 - 2021 Five Year Average			
Region:	Hancock County	Indiana	United States
Unemployment rate	2.1%	3%	3.5%

⁴ American Community Survey 5-year average for 2017-2021

Poverty level	4.8%	12.5%	12.6%
Median household income	\$79,126	\$61,944	\$__69,021__

Source: American Community Survey 5-year average for 2021 (This method reduces error and outliers in the data.)

2017-2021 Five Year Average

Region:	Hancock County	Indiana	United States
No High school degree	23.2%	24.3%	22.4%
High school degree	71.3%	68.3%	61.1%
Some college	52.7%	59.5%	60%
Bachelor's degree or higher	43.4%	38.8%	47.8%

Source: American Community Survey 5-year average for 2021 (This method reduces error and outliers in the data.)

2023 Youth Well Being

	Hancock County
Youth 0-18	18,471
Youth with private insurance	78.8%
Youth with public insurance	17.8%
Youth with no insurance	3.4%
Youth below poverty level	5.8%
Children foster care (2022)	206
Limited access to technology	2.2%
Juvenile court cases (CHINS)	96
Juvenile court cases (delinquency)	71
Mental health provider ratio	982:1
Social worker to student ratio	2002:1
Homeless youth	78
Youth receiving reduced or free lunch	3667

Source: <https://infogram.com/iyi-county-dashboard-1h9j6ggez0w854g?live>

Behavioral indicators and certain disease rates such as smoking rates, obesity rates, rates of excessive drinking among the population, rates of diabetes, heart disease, and average poor mental and physical health days are often predictive data to the health of a community.

2023 Behavioral Indicators and Disease Rates

Rates:	Hancock County	Indiana
Smoking	19%	20%
Obesity	36%	37%
Excessive drinking	20%	18%
Insufficient sleep	33%	36%
Poor physical health days	3.1	3.3
Poor mental health days	4.7	4.9

Diabetes Prevalence	9%	11%
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Source: 2023 County Health Rankings and Roadmaps program, <https://www.countyhealthrankings.org>

Overall, Hancock County has more positive results than Indiana as a whole. The excessive drinking rate is slightly higher than the average throughout Indiana but only by a small margin. Another critical determinant in health outcomes is access to healthcare both physically and financially. 7% of the population in Hancock County is without healthcare insurance, which is slightly lower than the 9% of the population throughout Indiana that is left without coverage.⁵ In Hancock County there are approximately 930 members of the population for every 1 mental health care provider. This is considerably lower than the ratio throughout Indiana of 530 individuals to 1 mental healthcare provider.⁶

There are many factors that make up the overall health of a community. Hancock County ranked 6th of 92 counties for life expectancy at 79.0 years compared to 76.5 years in Indiana and 78.5 years in the United States. 13% of residents have poor or fair health with 9% experiencing frequent physical distress and 15% experiencing frequent mental distress. Behavior is an important factor in personal health, and in Hancock County 19% of adults smoke and 20% reported excessive drinking. 22% reported being physically inactive and adult obesity is 36%, 1% lower than the statewide number. The diabetes rate is 9%. 9% of residents have food insecurity, while 9% reported limited access to healthy foods. 7% of residents are uninsured. Mammography screening at 47% and flu vaccinations at 61% are both considerably higher than the rest of the state. There were 2 homicides and 15 suicides in the county.

Source: 2023 County Health Rankings and Roadmaps program, <https://www.countyhealthrankings.org>

Trends over Time

2015-2023 Health Indicator trends

	2015	2023
Overall health outcomes state ranking	26	4
Length of life state ranking	17	6
Population in poor or fair health	18%	13%
Diabetes prevalence	11%	9%
Adult smoking	23%	19%
Adult obesity	31%	36%
Physical inactivity	27%	22%
Excessive drinking	16%	20%

Source: 2015 and 2023 County Health Rankings and Roadmaps program, <https://www.countyhealthrankings.org>

Hancock County has made significant improvement in the last 8 years in the overall health of its population. Its state ranking for overall health outcomes and length of life significantly increased. However, adult obesity also significantly increased over this period, as did the percentage of individuals who engaged in excessive drinking.

⁵ County Health Rankings accessed on 04/01/23: <https://www.countyhealthrankings.org/explore-health-rankings/indiana/hancock?year=2023>

⁶ County Health Rankings accessed on 04/01/23: <https://www.countyhealthrankings.org/explore-health-rankings/indiana/hancock?year=2023>

Leading Causes of Death

According to the CDC, the leading causes of death in Hancock County in 2021 were 1) Respiratory failure, 2) Heart disease, and 3) Cancer. The leading causes of death in Indiana are as follows:

- The top causes of death in IN across all ages in 2020 were 1) Heart disease, 2) Malignant neoplasms, 3) COVID.
- The top leading cause of death for all Hoosiers 1- 44 years old is a large set of situations called unintentional injury. This includes drowning, motor vehicle accidents, poisoning, falls, and many other categories.
- Below is a list of the top causes of death if we look at the type of unintentional injury separately and compare that to the other cause of death:
 - 1-4-year-olds: 1) Drowning, 2) All other unintentional injuries, 3) Malignant neoplasms and homicide are tied
 - 5-9-year-olds: 1) All unintentional injury, 2) Malignant neoplasms, 3) Homicide
 - 10–14-year-olds: 1) Suicides, 2) Motor vehicle, 3) All other unintentional injuries
 - 15–24-year-olds: 1) Homicide, 2) Poisoning, 3) Motor vehicle, 4) Suicide
 - 25–34-year-olds: 1) Poisoning, 2) Suicide, 3) Homicide, 4) Motor vehicle
 - 35–44-year-olds: 1) Poisoning, 2) Heart Disease, 3) Malignant neoplasms, 4) Suicide
 - 45-54-year-olds: 1) Heart Disease, 2) Malignant neoplasms, 3) Poisoning, 4) COVID
 - 55-64-year-olds: 1) Malignant neoplasms, 2) Heart Disease, 3) COVID, 4) Chronic low respiratory disease
 - 65+ year-olds: 1) Heart Disease, 2) Malignant neoplasms, 3) COVID, 4) Chronic low respiratory disease
- For Hoosiers, suicide is the 2nd leading cause of death for children 10-14, 3rd for 15-24, 2nd for 25-34, 4th for 35-44, and 7th for 45–54-year-olds.
- For Hoosiers who are Asian and Pacific Islander, suicide is the top leading cause of death for 15-24, 2nd cause for 25-34, and 8th cause for all ages.
- For Hoosiers who are Black, suicide (tied with unintentional injury) is the top leading cause of death for 10-14-year-olds, 3rd cause for 15-24, tied with heart disease for the 3rd cause for 25-34, and 10th cause for 35-44-year-olds.
- For Hoosiers who are White, suicide is the 2nd leading cause of death for 10-34 year olds, 4th for 35-44, 5th for 45-54, and 10th for 55-64.
- For Hoosiers who are Hispanic, suicide is the 2nd leading cause of death for 10-14 year olds, 3rd for 15-34, 8th for 35-44, tied for 8th for 45-54.
- For Hoosiers who identify as female, suicide is tied with unintentional injury for the top leading cause of death for 10-14-year-olds, 3rd cause for 15-34, 5th for 35-44, and 9th for 45-54 (Across the US, females tend to use less lethal means, but make more attempts.)
- For Hoosiers who identify as male, suicide is the 2nd leading cause of death for 10-14-year-olds, 3rd cause for 15-24, 2nd for 25-34, 3rd for 35-44, and 6th for 45-54, 9th for 55-64, and 8th for all ages combined (Across the US, males tend to use more lethal means, but make less attempts.)

The following is the chart of the leading causes of death by age of all genders and races/ethnicities in Indiana in 2020.

10 Leading Causes of Death, and Indiana

2020, Both Sexes, All Ages, All Races

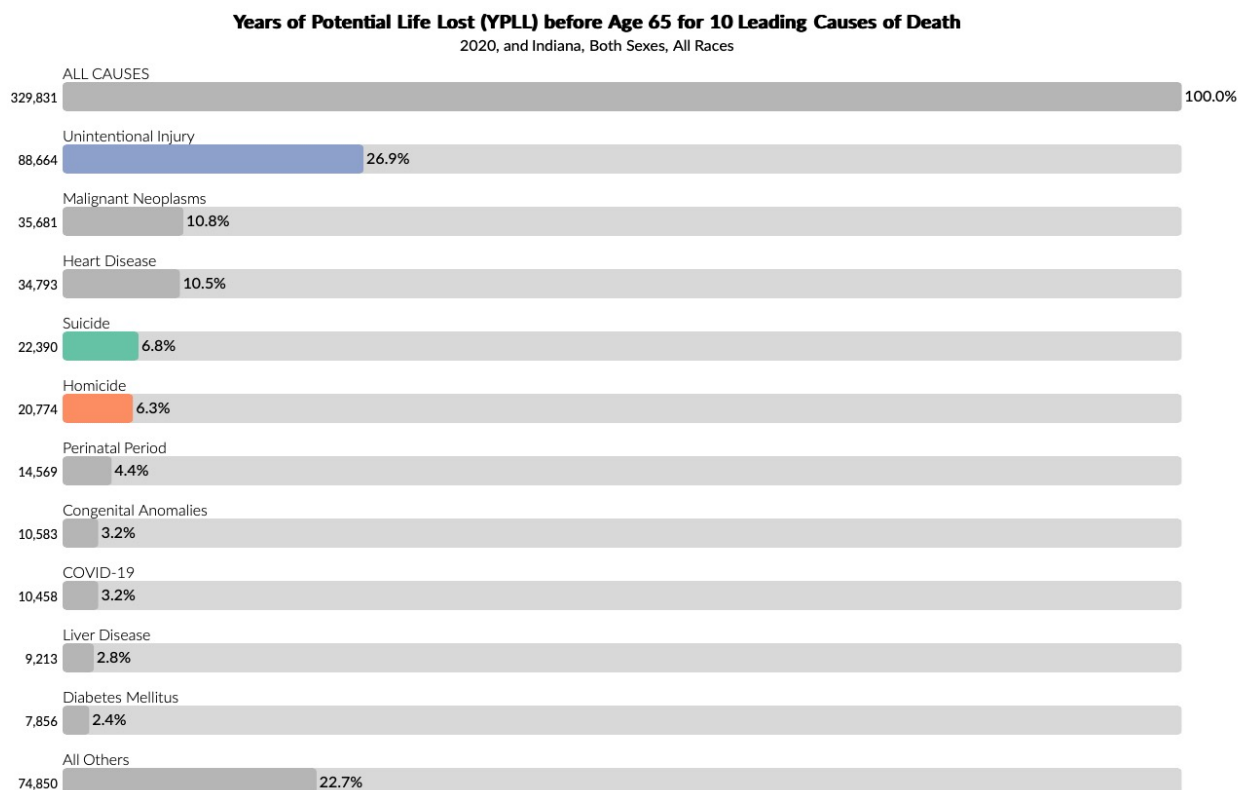
	<1	1-4	5-9	10-14	15-24	25-34	35-44	45-54	55-64	65+	All Ages
1	Congenital Anomalies 129	Unintentional Injury 30	Unintentional Injury 15**	Unintentional Injury 25	Unintentional Injury 391	Unintentional Injury 844	Unintentional Injury 832	Heart Disease 830	Malignant Neoplasms 2,693	Heart Disease 11,838	Heart Disease 15,169
2	Short Gestation 75	Malignant Neoplasms	Malignant Neoplasms 12**	Suicide 21	Homicide 195	Suicide 203	Heart Disease 280	Malignant Neoplasms 801	Heart Disease 2,081	Malignant Neoplasms 9,803	Malignant Neoplasms 13,664
3	Sids 55	Homicide --	Homicide --	Malignant Neoplasms	Suicide 149	Homicide 170	Malignant Neoplasms 229	Unintentional Injury 633	Covid-19 801	Covid-19 7,368	Covid-19 8,527
4	Unintentional Injury 43	Congenital Anomalies --	Congenital Anomalies --	Homicide --	Heart Disease 25	Heart Disease 101	Suicide 162	Covid-19 240	Chronic Low. Respiratory Disease 682	Chronic Low. Respiratory Disease 3,711	Unintentional Injury 4,580
5	Bacterial Sepsis 15**	Heart Disease --	Heart Disease Meningitis	Heart Disease --	Malignant Neoplasms 24	Malignant Neoplasms 87	Liver Disease	Liver Disease 227	Unintentional Injury 617	Cerebrovascular 2,784	Chronic Low. Respiratory Disease 4,529
6	Maternal Pregnancy Comp. 14**	Septicemia --	--	Benign Neoplasms Covid-19 Chronic Low. Respiratory Disease Congenital Anomalies Diabetes Mellitus --	Diabetes Mellitus --	Liver Disease 37	109	Diabetes Mellitus 172	Diabetes Mellitus 424	Alzheimer's Disease 2,760	Cerebrovascular 3,317
7	Atelectasis Placenta Cord Membranes Respiratory Distress 11**	Acute Bronchitis Benign Neoplasms Covid-19	Benign Neoplasms Cerebrovascular Septicemia --		Congenital Anomalies --	Diabetes Mellitus 31	Covid-19 83	Suicide 161	Liver Disease 337	Diabetes Mellitus 1,740	Alzheimer's Disease 2,803
8		Chronic Low. Respiratory Disease Hernia Influenza & Pneumonia	--		Complicated Pregnancy --	Covid-19 25	Diabetes Mellitus 68	Cerebrovascular 141	Cerebrovascular 328	Nephritis 1,204	Diabetes Mellitus 2,446
9	Necrotizing Enterocolitis --	Nephritis Perinatal Period --	--		Covid-19 --	Complicated Pregnancy 17**	Cerebrovascular 46	Chronic Low. Respiratory Disease 98	Septicemia 169	Unintentional Injury 1,150	Nephritis 1,445
10		--	--		Chronic Low. Respiratory Disease Septicemia --	Nephritis 13**	Chronic Low. Respiratory Disease 26	Septicemia 64	Nephritis 160	Parkinson's Disease 879	Liver Disease 1,146

Years of Potential Life Lost in Indiana

The top causes of death for the most years of potential life lost before age 65 in Indiana in 2020 include:

1. Unintentional injury
2. Malignant neoplasms
3. Heart disease
4. Suicide
5. Homicide

The following is the chart for years of potential life lost before age 65 for 10 leading causes of death in Indiana in 2020.



** indicates Unstable values, -- indicates Suppressed values, --* indicates Secondary Suppression

The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana

The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile 2020 by the Indiana State Epidemiological Outcomes Workgroup provides data on alcohol, tobacco/nicotine, opioids and other illicit drugs and mental health in Indiana.

Alcohol

In 2019 one fourth of Indiana residents over the age of 12 reported binge drinking, and nearly 6% suffered from alcohol use disorder, with a rate of 10.3% among 18–25-year-olds, both slightly higher than the national average. The age adjusted mortality rates for alcohol-attributable deaths have climbed gradually from 2000-2019 with Indiana's age adjusted rate at 10.4 per 100,000 in 2019.

Tobacco

While smoking has declined, one in five adults in Indiana reported smoking in the last month, well about the national average. The decline has given rise to other products such as E-cigarettes. Approximately 25% of Hoosiers reported trying E-cigarettes, and this approximate percentage is consistent across high school and college students.

Opioids and other Illicit Drugs

Almost 4% of Indiana residents age 4 and older misused pain relievers and .03% reported using heroin in 2019. Overdose deaths involving opioids rose from 347 in 2011 to 1,246 in 2019. An estimated 11.6% of Indiana residents 12 and older reported current marijuana use, with the highest prevalence among 18–25-year-olds at 25.6%. An estimated 1.6% of Indiana residents 12 and older used cocaine. Methamphetamine was the most widely used stimulant among the treatment population accounting for approximately 34% of treatment admissions.

Mental Health

In 2019 22.3% of Hoosier adults reported experiencing any mental illness and 5.4% reported serious mental illness. 16.8% received mental health services. 5.6% of Indiana adults reported having serious thoughts of suicide and 9.9% of Hoosier high school students attempted suicide.

Source: <https://fsph.iupui.edu/doc/research-centers/research/2020-SEOW-Report-Web.pdf>

Low Rates of Accessing Treatment

According to the report “The State of Mental Health in America 2023” by Mental Health America, over half (54.7%) of adults in the United States with a mental illness received no treatment, meaning that over 28 million individuals experiencing a mental illness are going untreated. Of those adults, 26.7% indicated that they had experienced serious psychological distress in the past month. Indiana ranks 25th at 51.2% receiving no treatment. Of those seeking treatment 28.2% of adults with mental illness had unmet treatment needs, meaning they were not able to receive the treatment they needed, with cost of care being the highest barrier (42%) followed by not knowing where to get services (26%), not having time (19%) and lack of insurance (17%). Indiana ranked 51st at 38.8% for unmet treatment.

59.8% of youth with major depression do not receive any mental health treatment. Indiana ranks 27th with 55.6% receiving no treatment.

Source: <https://mhanational.org/sites/default/files/2023-State-of-Mental-Health-in-America-Report.pdf>

COMMUNITY HEALTH NEEDS ASSESSMENT GOALS

Hancock Regional Hospital conducted a community health needs assessment (CHNA) in 2023 to identify significant health needs within the community in an effort to ultimately improve the health status of the area’s residents and facilitate collaboration among the community and ensure compliance with federal guidelines. A community health needs assessment is a useful way to organize and reflect upon the health of a community to ascertain and address the areas of greatest concern. This assessment had several goals such as identification and documentation of:

- Community health needs
- Health services offered in the Hospital’s service area
- Significant gaps in health needs and services offered
- Barriers to meeting any needs that may exist
- Gathering community input to develop a robust Community Health Implementation Strategy

Other goals of this assessment were:

- Strengthen relationships with local community leaders, healthcare leaders, providers, other health service organizations, and the community at large
- Provide quantitative and qualitative data to help guide future strategic planning, policy, and business and clinical programming decisions

The principles used to conduct this Community Health Needs Assessment included:

- Cross system collaboration
- Broad, diverse community input and engagement
- Accurate data representative of the county
- Attention to health equity and reducing disparities within underserved populations
- Transparency, community engagement and accountability at every step in the process such as survey design, survey implementation, priority setting and implementation strategy development, and results-oriented implementation
- Research-based solutions and transformative pilots with clear measures of success
- Thorough evaluation and data-driven continuous improvement

PROCESS FOR CONSULTING WITH PEOPLE REPRESENTING THE COMMUNITY'S INTERESTS

Hancock Regional Hospital partnered with people who represent the broad interests of the community served by the hospital. The Hancock Regional Hospital team took into account input from a cross-organization, diverse group of people who represent the community from October 2022 until August 2023. A few COVID health concerns continued during the Community Health Needs Assessment, but did not adversely impact the team's ability to complete the assessment and implementation strategy on time.

Members of medically underserved, low-income, and minority populations in the community were proactively engaged through direct contact with service providers from various health and social service providers throughout the community. In addition, individuals and organizations serving or representing the interests of medically underserved, low-income, and minority populations in the community were consulted.

Individuals with special knowledge of or expertise in public health were engaged in the process. For example, experts from the county public health department were consulted and they helped to distribute the community health questionnaire. To ensure alignment with the state health department, the most recent Indiana State Health Assessment and Improvement Plan was utilized as a secondary data source. The 2022 – 2026 Indiana State Health Improvement Plan priorities are fairly consistent with the primary data collected for the Hancock Regional Hospital Community Health Needs Assessment. The 2022 – 2026 Indiana State Health Improvement Plan priorities include:

- Health Outcomes and Risk Factors
- Mental Health and Wellness
- Family, Women, Infants, and Children

- Healthy Aging
- Public Health Systems and Workforce
- Social Determinants of Health

The goals for the 2022 – 2026 Indiana State Health Improvement Plan are as follows.

- Goal 1: Increase Hoosier’s Access to Care
 - *Provide services to Hoosiers when they are needed and ensure they are easily accessible, affordable, and coordinated.*
- Goal 2: Improve Communication and Education within the Public Health System
 - *Provide technical and tangible support to the workforce on services, prevention, and health outcomes that are both culturally appropriate and sustainable.*
- Goal 3: Promote Preventative Care and Overall Health for Hoosiers
 - *Encourage prevention for the reduction of disease and illness in Indiana.*
- Goal 4: Bolster Community Connections and Built Environment
 - *Ensure community and environmental support that will provide equitable access in all conditions to create optimal health.*
- Goal 5: Expand Public Health Infrastructure Capacity
 - *Build upon current resources and strengths and expand areas of health support and public health capacity.*

Hancock Regional Hospital partnered with its wellness centers and Hancock Health Connection Center team to actively engage community stakeholders and experts to implement a robust Community Health Needs Assessment. The mission of Hancock Connection Center is to promote health, happiness, and wholeness in Hancock County through prevention, education, intervention, support and community engagement. The vision is to create healthy environments for a better quality of life.

State-of-art Hancock Wellness Centers are in Greenfield, McCordsville, and New Palestine, Indiana. As the only certified medical fitness centers in the region, Hancock Wellness Centers are far more than just a gym or fitness facility. The team of health and well-being experts help residents and employers alike achieve healthier, happier, and well lives.

Hancock Health works with teams with diverse members of the community. Examples of these community teams include System of Care, Congregational Network, Workplace Wellness and Tobacco Free Coalition. These teams represent over 80 businesses, agencies, and nonprofits in the community, 29 churches, and well over 300 leaders in the community.

The hospital facility actively consulted with organizations such as, but not limited to:

- Healthcare Resources in Hancock County (*Please see the list of members in Appendix A*)
- Numerous System of Care partners (*Please see the list of partners in Appendix B*)
- Hancock Regional Health Congregational Network (*Please see the list of members in Appendix C*)
- Hancock County Health Department
- Hancock Physician Network
- Hancock Health Associates
- Workplace Wellness community partners (*Please see the list of partners in Appendix F*)

Diverse experts and community stakeholders were engaged in the process. Members of the community as well as experts provided input throughout the process including feedback about:

- Data collection and content of the community questionnaire
- Distribution of the community questionnaire
- Progress since the 2020 Community Health Needs Assessment and the 2021 – 2023 Community Health Needs Assessment Implementation Strategy
- Special needs of underserved, racial/ethnic, and low-income populations
- Significant health needs that emerged during the COVID-19 pandemic
- Results of the community questionnaire, data analysis and top priorities
- Top priority significant health needs
- Development of the Implementation Strategy

Additional information about the process for consulting with people representing the community's interests can be found in the section of this report about the process for identifying and prioritizing community health needs and services to meet the community health needs.

PROCESS AND CRITERIA FOR IDENTIFYING AND PRIORITIZING COMMUNITY HEALTH NEEDS AND HOW DATA WAS OBTAINED

Documenting the healthcare needs of a community allows healthcare organizations to design and implement high impact strategies that improve the health of the population served. Hancock Regional Hospital used a comprehensive data-focused assessment process to uncover key health needs and concerns related to education, prevention, detection, early intervention, diagnosis, and treatment. Hancock Regional Hospital used the following process for identifying and prioritizing community health needs and services to meet the community health needs and inform the implementation strategy.

- Engaged key community stakeholders and experts at every step of the process.
- Reviewed and assessed the progress since the previous Community Health Needs Assessment in partnership with the community.
- Developed a community survey with robust, diverse community and expert input.
- Collected data in partnership with the community and experts.
 - Community survey
 - Secondary data
 - Health system data
 - Focus groups
 - Interviews
- Analyzed the data.
- Examined the special needs of underserved, racial/ethnic, and low-income populations in order to identify and address health equity concerns.
- Determined if any additional significant health needs emerged during the pandemic.
- Gained community and expert input on the results of the survey, data analysis and top priorities.
- Prioritized the significant health needs in partnership with the community and experts.

- Created the Implementation Strategy in partnership with the community and experts to address the top priority significant health needs.
- Obtained board approval of the Community Health Needs Assessment and Implementation Strategy.

The assessment was developed to identify the significant health needs in the community and gaps that may exist in services provided. It provided the community with information to assess essential healthcare, preventive care, health education, and treatment services. This endeavor represents the hospital's efforts to share information that can lead to improved healthcare and quality of care available within the community, while reinforcing and improving the existing infrastructure of services and providers.

Data was obtained via a community health questionnaire, state health department data and priorities, numerous secondary data sources, de-identified health provider data, focus groups and interviews. To ensure broad community input, participants of the Community Health Needs Assessment were given a community questionnaire of 45 questions. There were 6 demographic questions and the rest of the questions focused on top priority health needs, health behaviors, access, barriers, mental health, stress, primary care, social connectedness, and other key health topics. A copy of the questionnaire is available in Appendix D.

The CHNA was led by Hancock Wellness Centers and data collection was a grassroots effort by all community partners. Participants included local businesses, schools, healthcare providers, mental health service providers, faith-based agencies, law/justice departments, childhood intervention, developmental disability agencies, various nonprofit organizations, and community members. Needs were discussed in focus groups and data was collected from individuals who live, work and learn in Hancock County and the Hancock Regional Hospital service area.

The System of Care participated in a focus group used to provide input and feedback on the question format, content, and administration process of the questionnaire. The Community Health Needs Assessment questionnaire was distributed by Hancock Regional Hospital and a broad variety of community partners. The final questionnaires were dispersed via paper copies and electronically. The community teams provided the questionnaire directly to their staff, clients, and members served and encouraged feedback. The questionnaire also was distributed in person at local community events, shared at the county health department, offered in all physician offices, available on Hancock Regional Hospital patient portal, and various social media sites, and promoted by social service agencies, business leaders, schools, nonprofit agencies, and civic leaders. Disadvantaged populations were reached through direct contact with service providers from various organizations and providers throughout the community.

965 questionnaires were completed between the months of December 2022 and March 2023. The questionnaire was distributed among a variety of populations and age groups. Partners of the Wellness Centers, primary care, and Hancock Health Connection center engaged all facets of the community to ensure there was representation from all demographics. The team proactively eliminated barriers to completing the questionnaire. A summary of the results of the questionnaire is in Appendix G.

Once data was collected and analyzed, meetings with community stakeholders, experts, and hospital leadership were held to discuss key findings as well as refine and prioritize the comprehensive list of community needs, services and potential gaps. Needs were determined to be priorities by:

- Frequency that an issue was selected as a top health concern by all participants
- Frequency that an issue was selected as a top health concern by underserved and special populations
- The level of response citizens gave to health issues: no problem, small problem, medium problem, big problem, or unsure
- Focus group discussion prioritization
- Hancock County Health Department and other expert interviews and feedback
- Alignment with Indiana Department of Health data and other secondary data sources

After the priorities were selected, a broad group of stakeholders helped to create the Implementation Strategy that was approved by the Hancock Regional Hospital's Board of Trustees.

PRIMARY AND CHRONIC NEEDS OF UNDERSERVED POPULATIONS

Identifying the primary and chronic disease needs and other health issues of uninsured persons, low-income persons and minority groups was a key priority during the Community Health Needs Assessment process. Healthcare, non-profit, social service and other providers proactively encouraged these populations to provide input so that the community could address their needs.

Ten percent or more of all survey respondents selected the following as the top concerns that impact the health and well-being of the people who live in Hancock County.

- Cost of health insurance, healthcare, and/or medications (61.60% of all participants)
- Mental health and suicide (43.50%)
- Addiction and drug overdoses (34.96%)
- Obesity (23.10%)
- Chronic diseases (cancer, diabetes, heart disease, etc.) (17.17%)
- Access to safe/affordable housing (15.19%)
- Senior services and caregiving (11.65%)

The following chart depicts the race and ethnic backgrounds of the individuals who responded to the Community Health Needs Assessment questionnaire.

Respondent Race and Ethnic Backgrounds
Individuals were asked to mark all that apply.

Answer Choices	Responses	
African American/Black	1.69%	15
Caucasian/White	94.92%	841
Asian	1.58%	14
American Indian or Alaska Native	1.02%	9
Latinx/Hispanic/Spanish	1.13%	10

Native Hawaiian or Pacific Islander	0.68%	6
Other	2.60%	23
	Answered	886
	Skipped	79

The Hancock County racial/ethnic demographics were African American/Black Alone (2.7%), White/Caucasian (91.3%), Asian Alone (1.4%), American Indian or Alaska Native Alone (.7%), and Two or More race groups (3.4%). This population included 2.7% of people who were Latinx/Hispanic.⁷

Despite significant outreach efforts for people with diverse racial and ethnic backgrounds, people who identify as African American/Black and people who identify as Latinx/Hispanic/Spanish were under-represented in the survey participants. Over 8% of the respondents did not select a race or ethnicity and 2.6% identified as other.

The individuals who are African American/Black represent approximately 2.7% of the community's population, but only 1.69% of the survey respondents identified as African American/Black, so a separate data analysis was conducted to examine the responses of the individuals who are African American/Black. Because there was a lower percentage than the general population, follow-up questions about the health needs of individuals who are African American/Black were included in the focus group discussions. Respondents who are African American/Black chose the following as the community's top three health/well-being concerns.

- Cost of health insurance, healthcare, and /or medications (42% of individuals who are African American/Black)
- Mental health and suicide (33%)
- Obesity (33%)
- Access to safe/affordable housing (33%)

Individuals who are Latinx and/or Hispanic represent approximately 2.7% of the community's population, but only 1.13% of the survey respondents identified as Latinx/Hispanic, so a separate data analysis was utilized to separately study the input from this population. In addition, follow-up questions about the health needs of individuals who identified as Latinx/Hispanic were included in the focus group discussions because there was a lower percentage than the general population. Individuals who are Latinx/Hispanic selected the following top three concerns that impact the health/well-being of the people who live in Hancock County.

- Cost of health insurance, healthcare, and /or medications (57% of individuals who are Latinx and/or Hispanic)
- Addictions and drug overdoses (57%)
- Mental health and suicide (57%)

Respondents who are American Indian or Alaska Native selected the following top three concerns that impact the health/well-being of the people who live in Hancock County.

- Cost of health insurance, healthcare, and/or medications (83% of all participants)
- Mental health and suicide (33%)

⁷ American Community Survey 5-year average for 2017-2021

- Senior services and caregiving (33%)
- Access to safe/affordable housing (33%)
- Poverty (33%)
- Parenting skills and support (33%)

People who are Native Hawaiian or Pacific Islander identified the following top concerns that impact the health/well-being of the people who live in Hancock County. Four concerns are listed because three of the concerns were tied for the second health concern.

- Chronic diseases (cancer, diabetes, heart disease, etc.) (67% of all participants)
- Addictions and drug overdoses (67%)
- Cost of health insurance, healthcare, and/or medications (50%)

People who are Asian identified the following top concerns that impact the health/well-being of the people who live in Hancock County. Four concerns are listed because three of the concerns were tied for the second health concern.

- Cost of health insurance, healthcare, and/or medications (73% of all participants)
- Mental health and suicide (53% of all participants)
- Obesity (47%)
- Addictions and drug overdoses (47%)

All racial and ethnic groups identified the cost of health insurance, healthcare, and/or medications as one of the top 3 needs. Mental health was ranked as one of the top 3 needs in all groups except Native Hawaiian or Pacific Islanders.

HEALTH CONCERNS BY AGE AND GENDER

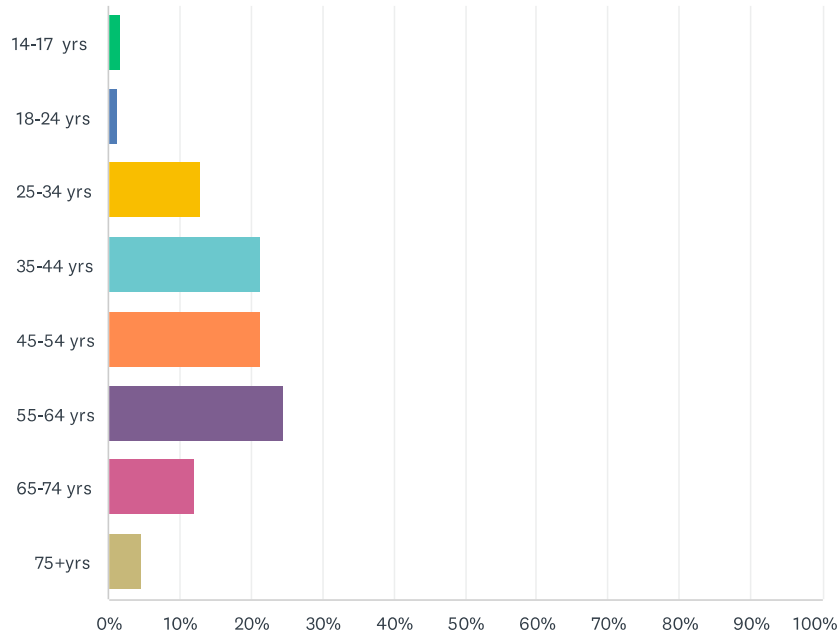
Respondents by age group

The responses ranged from people 14-17 years old up to individuals 75 years old and older. 9% of the respondents did not provide an age. The age distribution of the participants is shown in the following graph.

2023 Hancock County Community Health Needs Assessment

Q32 Age

Answered: 886 Skipped: 79



ANSWER CHOICES	RESPONSES	
14-17 yrs	1.81%	16
18-24 yrs	1.24%	11
25-34 yrs	12.98%	115
35-44 yrs	21.33%	189
45-54 yrs	21.22%	188
55-64 yrs	24.60%	218
65-74 yrs	12.08%	107
75+yrs	4.74%	42
TOTAL		886

All age groups except the 14-17-year-olds selected cost of health insurance, healthcare, and/or medications as a top health concern. Respondents age 14 – 24 years old ranked tobacco using/vaping as a top health concern more frequently than other age groups. All age groups except people 75 years or older selected addictions and drug overdoses and mental health and suicide as top health concerns.

Respondents by gender

73.37% of the respondents identified as female, 24.94% identified as male and 1.69% did not select male or female. Men represent approximately 50.2% of the population in the community, but only 24.94% of the survey respondents identified as male. The needs of this population were represented in a separate data analysis that examined the responses of the male respondents. Because there was a lower percentage of male respondents than the general population, follow-up questions about the health needs of men were included in the focus group discussions. Twenty percent or more of the males who responded to the questionnaire selected the following as the community's top health/well-being concerns.

- Cost of health insurance, healthcare, and /or medications (61.08% of men)
- Addictions and drug overdoses (37.56%)
- Mental health and suicide (30.77%)
- Obesity (26.70%)
- Chronic diseases (cancer, diabetes, heart disease, etc.) (22.17%)

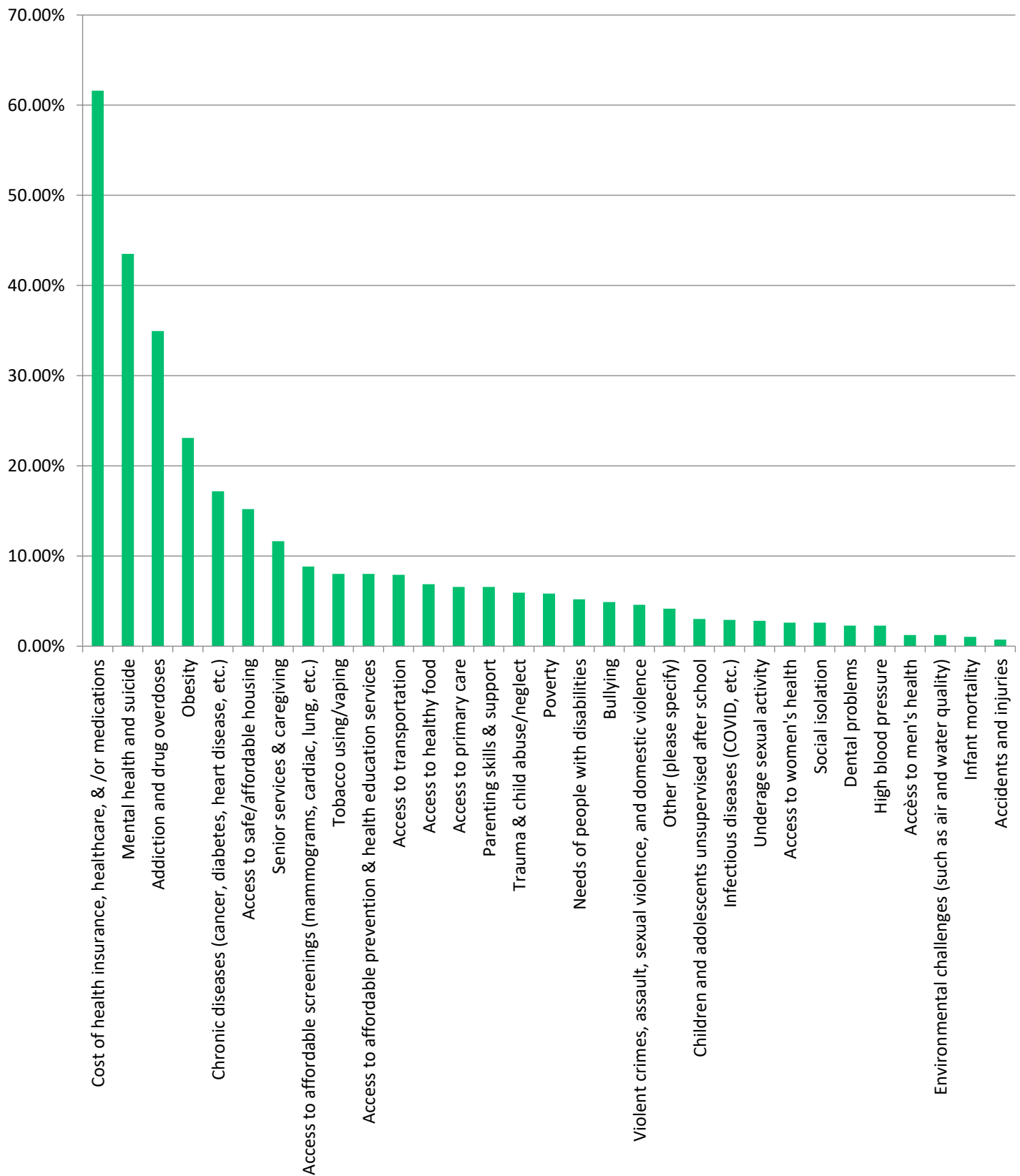
The analysis of all participants together as well as the subgroup of men and subgroup of women identified the same top four health concerns.

- Cost of health insurance, healthcare, and/or medications
- Addictions and drug overdoses
- Mental health and suicide
- Obesity

THE SIGNIFICANT HEALTH NEEDS OF THE COMMUNITY

The following chart depicts the percentage of respondents who selected an issue as one of their top three health and well-being concerns for Hancock County.

Select the top 3 health/well being concerns



Members of the community reviewed the top needs, other questionnaire data, and additional secondary data. The data highlighted needs that were very consistent with the previous chart. Tobacco use/vaping was added to the addiction and drug overdoses priority because many sub-groups, especially respondents 14 - 24 years old, identified it as an issue. After robust input from diverse stakeholders, experts and underserved populations, the following priorities were selected based on their impact on the health and well-being of the community.

The 2023 Community Health Needs Assessment highlighted and prioritized the following top health concerns and needs of the population in Hancock Regional Hospital's service area:

- Mental health, substance use disorder, and prevention of drug overdoses and suicide
- Cost of insurance, healthcare, and medications
- Obesity and the need to prevent and intervene earlier in chronic diseases

The community also identified the following other significant health needs:

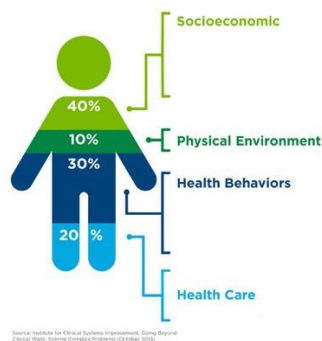
- Lack of safe and affordable housing
- Senior services and caregiving

THE IMPACT OF ACTIONS TAKEN TO ADDRESS THE SIGNIFICANT HEALTH NEEDS IDENTIFIED IN THE HOSPITAL FACILITY'S PRIOR CHNA

There was a noteworthy impact of actions taken to address the significant health needs identified in the hospital facility's prior Community Health Needs Assessment (CHNA). Hancock Regional Hospital's previous CHNA report identified five significant health needs in the community:

1. Cost of health insurance, healthcare, and/or medications
2. Addiction, drug overdoses and tobacco use/vaping
3. Mental health and suicide
4. Chronic diseases (cancer, diabetes, heart disease, etc.)
5. Obesity and access to healthy foods

Hancock Regional Hospital recognized that healthcare was only one of several important aspects to achieving these goals and improving the health of the population. The health system partnered to address healthcare, health behaviors, socioeconomic, and physical environment factors that drove lasting change.



Hancock Health/Hancock Regional Hospital utilized the following groups to engage the community to address the holistic needs of the population.

- Congregational Network
- System of Care
- Workplace Wellness

The group focused on changing the culture about health and well-being. Hancock Health/Hancock Regional Hospital organized health-related community events and coalitions. Examples of important actions taken during 2021 – 2023 to address the significant health needs identified in the previous CHNA include:

Cost of health insurance, healthcare, and/or medications

Hancock Health intervened earlier, enhanced access to affordable services, addressed the social determinants of health and assisted members of the community with barriers such as the cost of health insurance, healthcare, and/or medications.

- Hancock Regional Hospital/Hancock Health provided over 100,000 affordable screening, labs, and testing throughout 2021-2023 by launching Gateway.
- Hancock Regional Hospital/Hancock Health is on track to provide over \$55 million worth of charity care/uncompensated care throughout 2021-2023.
- The new Hancock Health Connection Center helped members of the community find the appropriate services earlier by providing 3,343 (goal was 2,000) referrals using warm handoff throughout 2021-2023 instead of paying for the wrong services or delaying treatment.
- Hancock Physician Network provided patients with options for accessing affordable prescriptions, helped patients sign up for Medicaid/HIP, helped patients enroll in patient assistance programs, and utilized care coordination.
- Hancock Health Congregational Network provided 3 educational workshops and 752 (goal was 500) one on one contacts with hospital patients to promote social support networks and improve health behaviors during 2021-2023.
- The Hancock Health Connection Center maintained a database to store an electronic version of the paperback Hancock County Resource Guide to improve access to services county-wide.
- Hancock Regional Hospital leveraged the Hancock Wellness Centers and the Hancock Health Connection Center to address the social determinants of health so that patients could achieve the best long-term outcomes possible for an affordable cost.
- Hancock Counseling continued to provide behavioral health services to the community and coordinated with the Hancock Health Connection Center to help to address the needs of the community.
- The Hancock Health Connection Center provided scholarships for people who were not be able to initially access certain services due to financial constraints.
- The Hancock Health Connection Center facilitated quarterly outreach meetings to improve knowledge and referrals of family serving agencies.
- The Hancock Health Connection Center provided virtual options for selected training and navigation to increase accessibility especially for patients with transportation or technology challenges.

Addiction, drug overdoses and tobacco use/vaping

Collaborated with local partners to connect people with substance use disorder to effective resources and partnered to reduce drug overdoses and tobacco use within the community.

- The Hancock Health Connection Center facilitated monthly System of Care meetings to continue efforts for improving access to mental health and substance use disorder services and empowering change and capacity building within the community.
- The Hancock Health Connection Center provided navigation and referral services to 690 individuals with mental illness and/or substance use disorder throughout 2021-2023.
- The Hancock Health Connection Center participated in the Tobacco Free Coalition and promoted initiatives to prevent and reduce tobacco use.
- Hancock Regional Hospital and the Tobacco Free Coalition worked with governmental agencies to promote 130 clean air presentations and events.
- Hancock Regional Hospital provided 14 (goal was 6) tobacco cessation classes for adults at no cost to individuals throughout 2021-2023.
- The Hancock Health Connection Center provided technical assistance and support to the drug court.
- The Hancock Health Connection Center explored the possibility of providing recovery coaching.
- Hancock Regional Hospital facilitated tobacco education classes to all four school districts and oversaw youth-led tobacco cessation peer groups.
- The Hancock Health Connection Center secured ARPA funding that jumpstarted the Justice Navigator program.
- Examples of how Hancock County System of Care partners contributed to addressing this need include the following accomplishments.
 - ARPA funds were used to expand childcare.
 - The Landing Place implemented Recovery Café / Discovery Café

Mental health and suicide

Provided navigation and referral services for individuals with mental illness and educated the community to prevent suicides and reduce the stigma associated with mental illness.

- The new Hancock Health Connection Center provided navigation and warm handoff referrals to members of the community with a mental illness and/or substance use disorder.
- The Hancock Health Connection Center continued to promote mental health clubs within the high schools to reduce stigma.
- The Hancock Health Connection Center hosted 3 (goal was 3) Rise Above It events throughout 2021-2023 to promote awareness of mental health with a focus on stigma reduction and suicide prevention.
- The Hancock Health Connection Center supported local crisis intervention teams by partnering with the Greenfield Police Department and the Hancock County Sheriff Department in planning, funding, and facilitating Crisis Intervention Team (CIT) training and evidence-based practices for all Hancock County first responders.
- The Hancock Health Connection Center provided Mental Health First Aid training to 52 providers and members of the community.

- The Hancock Health Connection Center leveraged their certified Question, Persuade, Refer (QPR) instructors to offer free QPR training quarterly and upon request to raise awareness for suicide prevention.
- Hancock Counseling Services offered a virtual counseling option for as long as it was allowed under Medicaid, Medicare, and insurance to increase accessibility especially for patients with transportation barriers.
- The Hancock Health Connection Center provided technical assistance as the community explored the creation of a mental health court.
- The Hancock Health Connection Center implemented a CISM team to foster trauma informed support for clinicians.
- Hancock Counseling Services fostered integrated care by co-locating therapists within selected OB/GYN, Pediatric and Internal Medicine Hancock Physician Network offices when therapists were available.
- Examples of how Hancock County System of Care partners contributed to addressing this need include the following accomplishments.
 - Greenfield WorkOne received a grant from Indiana Department of Veteran Affairs to present the “Faces of Our Fallen at the Hancock County Library on May 25th – 30th, 2023 with an opening ceremony that honored soldiers who have fallen since 9/11 and raised awareness about Veteran Suicide Prevention.
 - Some partners participated in the July 1, 2023 kick off of the Governor’s Challenge, a suicide prevention program.
 - Partnered with the Health Department to provide Remedy Live’s mental health awareness program at schools.
 - CareSource launched a youth mental health platform/app, Be Me Health, that includes screening, affirmations, parent awareness. A board of 90 teens approved the tool. It improved quality of life during the beta testing. 85% felt it improved self-esteem and would recommend the tool.
 - Balanced Life Counseling Services provided training on compassion fatigue, triggering moments, and trauma bonding for the Greenfield Firefighters in 2023
 - A Behavioral Health Court was launched in January 2022.
 - Greenfield-Central Schools obtained a grant to secure 5 school social workers based on mental health needs.
 - All of Hancock County Schools are utilizing Trust Base Relational Intervention as well as Handle with Care to support the students, families, and schools.
 - The extension educator for Purdue in Hancock County is now certified in Mental Health First Aid and is providing this training to the community.
 - The parent organization of the Indy Warrior Partnership was awarded the SSG Parker Gordon Fox Suicide Prevention Grant to continue combating veteran suicide.
 - Remedy Live presented at the Hancock County Systems of Care meeting to address stress, burnout, and mental health of direct service providers.
 - Hope House received an ARAP grant to provide group and individual therapy to all their residents.
 - Hancock County Senior Services received grants to update their confidential database to better identify, track, and connect client needs to services. They also received a grant to help seniors better negotiate Medicare and other insurance needs.

Chronic diseases (cancer, diabetes, heart disease, etc.)

Provided education and support to patients with chronic diseases such as cancer, diabetes, and heart disease.

- Provided a wide range of wellness education as described at:
<https://www.hancockregionalhospital.org/wellness-education/>
- During 2021-2023, the Hancock Health Connection Center helped to connect over 800 people with a chronic health condition to the Hancock Health Congregational Network.
- During 2021-2023, Hancock Physician Network served approximately 3,400 (goal was 200) ACO patients using a Patient Centered Medical Home and reduced readmissions to approximately 12.8% (goal was less than 14%.)
- During 2021-2023, Hancock Physician Network's enhanced chronic care management model provided patients with:
 - 24-hour access to the care team
 - priority access to the provider for urgent appointments
 - systematic review and scheduling of all preventive care
 - medication reconciliation and oversight
 - creation of a patient-centered care plan document to ensure that care is provided in a way that is congruent with their choices and values
 - management of care transitions between and among health care providers and settings
 - coordination with home and community based clinical service providers
 - enhanced opportunities for a beneficiary and any relevant caregiver to communicate with the practitioner regarding the beneficiary's care through not only telephone access, but also using secure messaging, internet, or other asynchronous non-face-to-face consultation methods
- Hancock Regional Hospital and Hancock Physician Network were an early adopter of an electronic medical record Population Health tool. The team helped to design a new electronic medical record tool that will enhance chronic care management and population health. A Care Gaps Widget was developed to provide point of care/at-a-glance information on which care gaps have been met and which are outstanding. A new Risk Stratification Widget provides point of care/at-a-glance information on which chronic diseases have been addressed and which have not been addressed. A Disease Registry includes the number of chronic diseases, care gaps, total Risk Adjustment Factor (RAF) score, and other critical information. The Registry can sort a patient population by highest RAF score which allows chronic disease management and care managers to focus attention on the patients at highest risk and the ones with a rising risk.
- Hancock Regional Hospital and Hancock Physician Network utilized a monthly/ongoing audit of selected patients with a Medicare Advantage plan to verify that the team addressed all the patient's chronic diseases. Artificial intelligence was used to securely review chart and claims data to suggest possible chronic diseases that may need to be addressed to foster patient health and well-being.
- Hancock Health launched an integrated care center that includes integrated fitness, nutrition, screening, labs, and primary care.
- Hancock Health/Hancock Regional Hospital provided Mind/Body educational sessions to 923 individuals.

- Hancock Health/Hancock Regional Hospital offered services to support people with chronic diseases. Please see the information at <https://www.hancockregionalhospital.org/healthcare-services/> for more details.
- Hancock Health is working with the Family and Social Services Administration on their Pathways to Ageing project so that older adults can age in the setting that they prefer.
- The Hancock Health Chronic Care Management team obtained and is leveraging a grant to implement a Self-Monitoring Blood Pressure program.
- A new COPD protocol program was implemented by the Hancock Health Chronic Care Management team. Patients are sent a zone sheet with symptoms to watch for with a dose of prednisone and ATB and they call their Chronic Care Management nurse to discuss. The goal is to reduce preventable emergency department visits by identifying symptoms of COPD exacerbation quickly.
- Examples of how Hancock County System of Care partners contributed to addressing this need include the following accomplishments.
 - Hancock County Health Department has a school nurse liaison who coordinates with schools.
 - RIDE Hancock public transportation provides free/donation only transportation to essential destinations such as healthcare appointments for people over 60 years old. RIDE Hancock is also asking for community input about any specific challenges for transportation as they plan for possible expansion.
 - CareSource rides for food increased to soup kitchens, foodbank, and grocery pick-up.
 - Meals on Wheels obtained ARPA funds to renovate a building and open a non-profit hub, Circle of Care, in the fall of 2023 so that citizens can access multiple services at one location. Some of the organizations include Meals on Wheels, LINK, Firefly, Children's Choir, Women's Resource Center, and FUSE.

Obesity and access to healthy foods

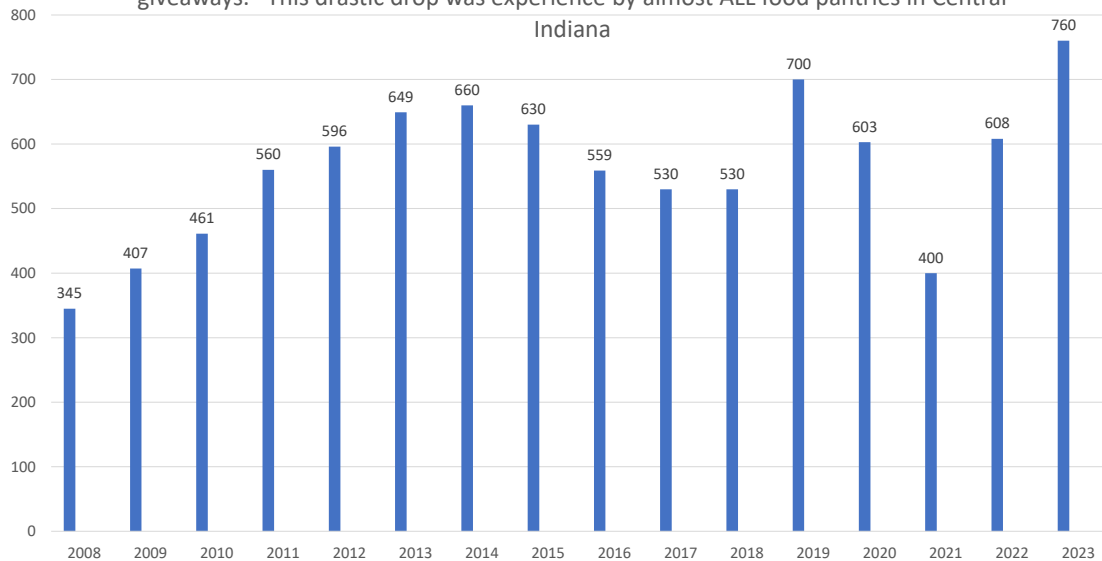
Educated the community about the importance of addressing obesity, increasing physical activity, and enhancing access to healthy food.

- Hancock Health continued to actively support the Hancock County trails plan coalition and served as a fiscal sponsor for the Hancock County Trails Plan.
- Hancock Health coordinated the annual Hancock Flat 50 bicycle ride as well as at least 6 months of group rides to promote physical activity, safe cycling and cycling awareness.
- Optum (previously American Health Network) continues to offer and enhance the Walk to Wellness program giving members of the community the opportunity to walk with a physician.
- Hancock Regional Hospital re-designed the Hancock Harvest program to address the significant health needs associated with obesity and access to healthy foods that were identified in the 2020 Community Health Needs Assessment.
- Hancock Physician Network continued to offer and enhance the 60 for 60 program by referring appropriate patients to the Hancock Wellness Centers for dietitian, personal trainer and other services for \$60 for 60 days.
- During 2021-2023, Hancock Wellness Centers served an average of 12,260 (goal was 10,000) individuals annually and provided resources so that members of the community could develop their own customized health action plan utilizing the exercise specialists and dietitians within the Hancock Wellness Centers facilities and service lines.

- A registered dietitian at the McCordsville Wellness Center implemented a 5210 program and helped with community nutrition trainings for the Fire Department. She also represented Hancock Health in community garden conversations.
- Examples of how Hancock County System of Care partners contributed to addressing this need include the following accomplishments.
 - ICAP Hancock County WIC increased its caseload by 120-140 clients. They also established World Breastfeeding Week Events and Safe sleep Classes. They won the USDA Breastfeeding Award. The award program was established to recognize local WIC agencies that provided exemplary breastfeeding promotion and support activities. The intent is to provide models and motivate other local agencies to strengthen their breastfeeding promotion and support activities and ultimately increase breastfeeding initiation and duration rates among WIC participants. Only 12 clinics in the United States were awarded the Gold Premiere Award. ICAP WIC was 1 of 2 for the States of Indiana.
 - RIDE Hancock public transportation provides free rides to the Hancock County food pantry and soup kitchen to everyone of all ages.
 - Leadership Hancock implemented service projects such as a Bike Share, Talitha Koum Outdoor Project, a Recipe Book, and a Baby Box.
 - A Facebook group created and stocked Blessing Boxes, miniature pantries for neighbors in need.
 - Community gardens were expanded in the Fortville/McCordsville area.
 - ARPA funds were used to remodel and repurpose rooms at the soup kitchen to make limited space more efficient as well as replace outdated equipment.
 - The Kenneth Butler Memorial Soup Kitchen also expanded a carry-out option thanks to the community's amazing support to purchase carry-out containers.
 - Nine13sports piloted a program in Fortville Elementary to introduce children to bikes.
 - Chances and Services for Youth (CASY) provided data to raise awareness about a shortage of high-quality childcare. They are also focused on providing more food at childcare.
 - CareSource significantly increased its rides for food services.
 - Hancock Food Pantry used ARPA funding to purchase coolers and freezers. They used another grant to partner with the schools to provide Hope Packs for youth K-3 to take home food on Fridays and utilize over the weekend. Hancock County Food Pantry increased its average monthly client count to 760 in 2023. Below is a graph with the average monthly client count from 2008 – YTD 2023. Funding was received to allow the purchase of a new, larger facility to provide easier access and drive-thru capabilities to serve a growing clientele.

HCFP Average Monthly Client Count – 2008 thru YTD 2023

Note: 2021 drastic drop was due to OVERLOAD of Covid relief money and free food giveaways. This drastic drop was experienced by almost ALL food pantries in Central



AVAILABILITY OF THE COMMUNITY HEALTH NEEDS ASSESSMENT AND IMPLEMENTATION STRATEGY

Hancock Health/Hancock Regional Hospital made the Community Health Needs Assessment (CHNA) summary report and the adopted Implementation Strategy widely available to the public on the Hancock Regional Hospital website at:

- Community Health Needs Assessment Summary Report: <https://hancockhealth.in/2023CHNA>
- Community Health Needs Assessment Implementation Strategy: https://hancockhealth.in/2023CHNA_Implementation

They were also e-mailed to key stakeholders. In addition, both documents are available in the form of a paper copy for public inspection without charge.

APPENDIX A: HEALTHCARE FACILITIES AND RESOURCES AVAILABLE TO RESPOND TO THE HEALTH NEEDS OF THE COMMUNITY

In addition to Hancock Regional Hospital, the community has other healthcare facilities and resources that are available to respond to the health needs of the community. Below is a list of some of the facilities and resources. Please also see <https://www.behealthy365.org/resources/> for a description of resources that are available to respond to the health needs of the community.

- Community Health Network
- St. Vincent Medical Group
- American Health Network/Optum
- Jane Pauley Community Health Center
- Various private and smaller physician practices
- Hancock Health System of Care mental health and substance use provider partners

Hancock Health System of Care

The Hancock Health System of Care is a collaborative support system for youth and families who need help with mental health and/or substance abuse treatment. The System of Care is designed to be comprehensive, connecting individuals and families with many local service providers, including:

- Healthcare facilities, including mental health providers
- Schools
- Law enforcement
- Children's services
- Community coalitions
- Local businesses
- Ministry groups
- And more

The Hancock County System of Care's mission is to implement strategies to ensure that youth and families have access to a full array of services and supports for mental health and substance abuse needs. The core values of the Hancock County System of Care are:

- We are community-based.
- We are family-driven and youth-guided.
- We are culturally and linguistically competent.
- We take a whole-health approach.

Hancock Regional Hospital created a mental health pocket guide to help the community find resources and treatment for mental illness and substance disorder. The guide can be found at:

https://www.behealthy365.org/wp-content/uploads/2022/08/h365-Z-card-Directory_05042022-Final.pdf.

The following is a list of some of the mental health and/or substance use treatment providers that are available to respond to the health needs of the community.

American Addiction Centers 317-752-8945	New Palestine, IN 46163
Balanced Life Counseling 6375 W. US 52 Suite 202 New Palestine, IN 46163	Eagle Creek Counseling One Courthouse Plaza, Ste. 207 Greenfield, IN 46140 317-293-5563
Balanced Mental Healthcare BalancedMentalHealthcare.com	Eskenazi Hospital 832 N Meridian St Indianapolis, IN 46202 (317) 686-5634
Be Seen Therapy Solutions 7962 Oaklandon Rd. Indianapolis, IN 46236	Hickory House 5486 W US Highway 40 Greenfield, IN 46140 (317) 434-5375
Bowen Center BowenCenter.org	Howard Health 401 W. Broadway St. Ingalls, Indiana 46048 (765) 639-9048
Bridges of Hope 2200 N Madison Square Anderson, IN 46011 (765) 643-0121	IU Health Methodist Hospital Behavioral Health 1701 N Senate St Indianapolis, IN 46202 (317) 962-2622
CleanSlate (833) 505-4673	The Jane Pauley Community Health Center 1107 N State St Greenfield, IN 46140 (317) 477-5263
Columbus Behavioral Health 2223 Poshard Dr. Columbus, IN 47203 (812) 376-1711	Lana Allen, LCSW 16 E. Main St. New Palestine, IN 46163 317-697-8847
Community Fairbanks Behavioral Health 145 Green Meadows Dr., Suite 1 Greenfield, IN 46140 (317) 621-5719	LifeSpring Turning Point Center 1060 Sharon Dr Jeffersonville, IN 47130 (812) 283-7116
Dobson Counseling 412 S. Maple St., Suite 100C Fortville, IN 46040	
Dragonfly Family Counseling 16 E. Main St.	

Mental Health Partners
98 E North St, Suite 204
Greenfield, IN 46140
(317) 462-2877

Midtown Community Mental Health
3171 N Meridian St
Indianapolis, IN 46202
(317) 941-5003

Mosaic Counseling
808 E. Main St. Ste. B
Greenfield, IN 46140
317-645-7691

Oases Counseling
635 N. State St. Ste. B
Greenfield, IN 46140

Options Behavioral Health Service
5602 Caito Dr.
Indianapolis, IN 46226
(866) 544-4340

Origins Family Counseling
18 E. Main St. Ste. 216
Greenfield, IN 46140
317-649-4311

Providence Behavioral Group
412 S. Maple St. #100c
Fortville, IN 46040
317-934-0002

Recovery Works
2060 State Road 1 N
Cambridge City, IN 47327
(888) 792-4639

Restoration Counseling
314 Elm St.

Fortville, IN 46040
317-207-9333

St. Vincent Madison County Health St. John's
Anderson Center
2210 Jackson St

Anderson, IN 46016
(765) 646-8444

St. Vincent Stress Center
8401 Harcourt Rd
Indianapolis, IN 46260
(317) 338-4800

Salvation Army Harbor Light
2400 N Tibbs Ave
Indianapolis, IN 46222
(317) 972-1450

Talitha Koum Women's Recovery House
527 E. Main St.
Greenfield, IN 46140

Tara Treatment Center
6231 S US 31
Franklin, IN 46131
(800) 397-9978

Wheeler Mission Center for Women and
Children
3208 E Michigan St
Indianapolis, IN 46201
(317) 687-3630

Wheeler Mission Hebron Center Program
245 N Delaware St
Indianapolis, IN 46204
(317) 636-2720

For additional behavioral health providers and locations please visit:

- <https://www.samhsa.gov/find-treatment>
- <http://www.in.gov/fssa/addiction/>

24-Hour Crisis Hotline

If you or a loved one needs help, don't wait. This number is available 24/7 to help if you are ever in crisis.

988 Suicide & Crisis Lifeline

Dial 988

<https://988lifeline.org>

Examples of Local Support Groups

Al-Anon Meetings

Local number contact: 317-257-2693

Bradley Methodist Church

Amity Church (Mt Comfort Rd)

Celebrate Recovery at Brandywine Community Church

(Open to all adults 18+ years old)

1551 E New Rd

Greenfield, IN 46140

Contact Paul Galbrath: (317) 462-4777 x133

Celebrate Recovery at Outlook Christian Church

(Children can attend Celebration Place)

6531 N 600 W

McCordsville, IN 46055

(317) 335-6815

CRAFT

Hancock Health Connection Center

120 W. McKenzie Rd., Suite G

Greenfield, IN 46140

(317) 468-4231

The Landing Place + Recovery Cafe
18 W South St
Greenfield, IN 46140
(317) 525-7791

National Alliance on Mental Illness (NAMI)
Provides support opportunities for families, friends and persons living with a mental illness
1-800-950-6264

SMART Recovery Hancock County
Self-empowering addiction recovery support group for adults over age 18 as well as a friends
and family group

The Way Out Club
AA, NA, and Al-Anon meetings available
226 Cherry St
Greenfield, IN 46140
(317) 468-0082

Wellspring Center
1551 E. New Rd.
Greenfield, IN 46140

APPENDIX B: SYSTEM OF CARE PARTNERS

Hancock Health/Hancock Regional Hospital's System of Care partners include but are not limited to the following organizations. Please click on the organization names to access their websites.

Agape

1000 W. 100 S.
Greenfield, IN 46140

Alternatives

Anderson, IN

Amity Community Church

6042 W. 100 North
Greenfield, IN 46140

Balanced Life Counseling

6375 W. US 52 Suite 202
New Palestine, IN 46163

Balanced Mental Healthcare

BalancedMentalHealthcare.com

Bennett Law, LLC

18 East Main St. Ste. 228
Greenfield, IN 46140

Be Seen Therapy Solutions

7962 Oaklandon Rd.
Indianapolis, IN 46236

Board of Public Works

Borgmann Reality

1133 W. Main St. Suite E
Greenfield, IN 46140

Bowen Center

BowenCenter.org

Bradley United Methodist Church

210 W. Main St.
Greenfield, IN 46140

Brandywine Community Church

1551 E. New Rd.
Greenfield, IN 46140

Bringing Technology to You, LLC

Calvary Baptist Church

1450 W. Main St.
Greenfield, IN 46140

Cardinal Elements, Inc.

Carrolton United Methodist Church

1060 US-52
Fountaintown, IN 46130

Change Fitness

760 N. Raven Field Ct.
Greenfield, IN 46140

Changing Footprints

9 S. Franklin St.
Greenfield, IN 46140

City of Greenfield

10 S. State St.
Greenfield, IN 46140

CleanSlate

(833) 505-4673

Columbus Behavioral Center for Children and Adolescents
2223 Poshard Dr.
Columbus, IN 47203

Community Fairbanks Behavioral Health
145 W. Green Meadows Dr. Suite 1
Greenfield, IN 46140

Community Christian Church
3123 County Rd. 500 West
New Palestine, IN 46163

Covance
671 S. Meridian Rd.
Greenfield, IN 46140

Cumberland Police Department
11501 E. Washington St.
Cumberland, IN 46229

Dellen Automotive Family
2640 W. Main St.
Greenfield, IN 46140

Department of Child Services
1290 N State St. Suite B
Greenfield, IN 46140

White and Jocham
17 N. Pennsylvania St.
Greenfield, IN 46140

Division of Family Resources/FSSA
1290 N State St, Ste A
Greenfield, IN 46140

Dobson Counseling
412 S. Maple St., Suite 100C

Fortville, IN 46040

Dragonfly Family Counseling
16 E. Main St.
New Palestine, IN 46163

Eastern Hancock School Corporation
10370 E. 250 North
Charlottesville, IN 46117

Elanco
2500 Innovation Way
Greenfield, IN 46140

Faith Lutheran
200 W. McKenzie Rd.
Greenfield, IN 46140

Family Bike Chain
109 E. Main St.
Greenfield, IN 46140

FARM
9450 N. 200 W.
Fortville, IN 46040

Firefly Children & Family Alliance
312 E. Main St., Suite D
Greenfield, IN 46140

First Steps South East

First Christian Church of Knightstown
138 W. Main St.
Knightstown, IN 46148

Fisk Sanitation
271 S Franklin St
Greenfield, IN 46140

Fortville/McCordsville Chamber
104 N. Main St.
Fortville, IN 46060

Hancock County 911 Center
640 S. Franklin St.
Greenfield, IN 46140

FUSE
1133 W. Main St. Suite E
Greenfield, IN 46140

Hancock County Child Support Division
27 American Legion Pl.
Greenfield, IN 46140

Greenfield Area Chamber of Commerce
1 Courthouse Plaza,
Greenfield, IN 46140

Hancock County Deputy Coroner
123 E. Main St.
Greenfield, IN 46140

Greenfield Banking Company
1920 N. State St.
Greenfield, IN 46140

Hancock County Food Pantry
741 1/2 South SR 9
Greenfield, IN 46140

Greenfield Central Schools
110 W. North St.
Greenfield, IN 46140

Hancock County Health Department
111 American Legion Pl.
Greenfield, IN 46140

Greenfield Daily Reporter
22 W. New Rd.
Greenfield, IN 46140

Hancock County Juvenile Probation
9 E. Main St. Suite 106
Greenfield, IN 46140

Greenfield Main Street

Hancock County Prosecutors Office
27 American Legion Pl.
Greenfield, IN 46140

Greenfield Parks Department
280 Apple St.
Greenfield, IN 46140

Hancock County Public Library
900 W. McKenzie Rd.
Greenfield, IN 46140

Greenfield Police Department
116 S. State St.
Greenfield, IN 46140

Hancock County Senior Services
1870 Fields Blvd.
Greenfield, IN 46140

Groups Recover Together
147 W Green Meadows Dr. Ste 2
Greenfield, IN 46140

Hancock County Sheriff
398 Malcolm Grass Way
Greenfield, IN 46140

Hancock County Tobacco Free Coalition
801 N. State St.
Greenfield, IN 46140

Indianapolis, IN 46204
Indy Warrior Partnership
317-352-5413

Hancock Economic Development Council
1 Courthouse Plaza
Greenfield, IN 46140

Inhouse Primary Care
5189 600 N
McCordsville, IN

Hancock4kids Coalition
P.O. Box 512
New Palestine, IN 46163

Joyner Homes
123 W. Main St.
Greenfield, IN 46140

Healthy Families
715 E Lincoln St.
Greenfield, IN 46140

Hitachi-Astemo
2701 Enterprise Dr.
Anderson, IN 46013

Hickory House
5486 US-40
Greenfield, IN 46140

Lacy Law Office
11901 E Washington St,
Indianapolis, IN 46229

Hope House
35 E. Pierson St.
Greenfield, IN 46140

Life Choices
1454 N. State St.
Greenfield, IN 46140

Howard Health
401 W. Broadway St.
Ingalls, Indiana 46048

Love INC
630 N. State St.
Greenfield, IN 46140

ICAP Hancock County WIC
143 W. Green Meadows Dr., Suite 1
Greenfield, IN 46140

Meals on Wheels
312 E. Main Street
Greenfield, IN 46140

ICAP Head Start
311 Baldwin St.
Greenfield, IN 46140

Mental Health Partners
98 E. North St. Suite 204
Greenfield, IN 46140

Indiana Army National Guard
410 Apple St.
Greenfield, IN 46140

Midwest Mole
6814 W. 350 North
Greenfield, IN 46140

Indiana Youth Institute (East Central Office)
603 E Washington St, Unit 800

Modernfold
215 W. New Rd.
Greenfield, IN 46140

Monarch Beverage
9347 Pendleton Pike
Indianapolis, IN 46236

Mt. Lebanon Community Church
3447 IN-9
Greenfield, IN 46140

Mt. Vernon School Corporation
1776 IN-234
Fortville, IN 46040

NASA
98 N. East St.
Greenfield, IN 46140

NineStar Connect
2243 E. Main St.
Greenfield, IN 46140

Oases Counseling Center
635 N State St, Ste B
Greenfield, IN 46140

Office360
7301 Woodland Dr.
Indianapolis, IN 46278

Origins Family Counseling
18 E Main St, Suite 216
Greenfield, IN 46140

Otterbein United Methodist Church
2901 W. 200 North
Greenfield, IN 46140

Park Chapel
1176 E. McKenzie Rd.
Greenfield, IN 46140

Patient Advocates Speak Out

Patterson Horth
5745 Progress Rd.
Indianapolis, IN 46241

Providence Behavioral Group
412 S Maple St, Ste. 100 C
Fortville, IN 46040

Purdue Extension
802 Apple St.
Greenfield, IN 46140

Realife Church
971 W. US-40
Greenfield, IN 46140

Restoration Counseling
314 Elm St.
Fortville, IN 46040

Southern Hancock School Corporation
4711 County Rd. 500 West
New Palestine, IN 46163

Springhurst Health Campus
628 N. Meridian Rd.
Greenfield, IN 46140

St Michael Catholic Church
519 Jefferson Blvd.
Greenfield, IN 46140

St. James Lutheran
1741 S. State St.
Greenfield, IN 46140

Star Bank
230 E. New Rd.
Greenfield, IN 46140

Tsuda
2934 Jannetides Blvd.
Greenfield, IN 46140

Talitha Koum Women's Recovery House
527 E. Main St.
Greenfield, IN 46140

United Way
1 Courthouse Plaza,
Greenfield, IN 46140

Tangram
5155 Pennwood St.
Indianapolis, IN 46205

Valle Vista Health System
898 E. Main St.
Greenwood, IN 46143

The Jane Pauley Community Health Center
1107 N. State St.
Greenfield, IN 46140

Veterans Health Indiana
Richard L. Roudebush VA Medical Center
1481 W. 10th St.
Indianapolis, IN 46202

The Landing Place
18 W. South St.
Greenfield, IN 46140

Vineyard Community Church
1672 N 600 W
Greenfield, IN 46140

The Villages: Healthy Families Hancock County
1105 W. Main St., Suite D
Greenfield, IN 46140

Wellspring Center
1551 E. New Rd.
Greenfield, IN 46140

Town of Cumberland
11501 E. Washington St.
Cumberland, IN 46229

WIC
828 N. State St.
Greenfield, IN 46140

Town of McCordsville
6280 W. 800 North
McCordsville, IN 46055

Wolf Law Firm
6 E. Main St.
Greenfield, IN 46140

Town of New Palestine
42 E. Main St.
New Palestine, IN 46163

Women's Resource Center
312 E. Main St. Suite F
Greenfield, IN 46140
(317) 477-1959

Transformational Wellness
1222 N. Pennsylvania St.
Indianapolis, IN 46202

Workforce Chaplains

WorkOne

836 S. State St.
Greenfield, IN 46140

Zoey's Place

953 W North St.
Greenfield, IN 46140

Zion Lutheran

6513 W. 300 S.
New Palestine, IN 4616

APPENDIX C: CONGREGATIONAL NETWORK

Strengthening the Connection Between Faith and Wellness

The Hancock Regional Hospital Congregational Network is a collaborative partnership between Hancock Regional Hospital and church congregations. Hancock Regional Hospital recognizes that faith is an integral part of some of their patients' lives. Approximately 25 congregations made a covenant to participate in this collaborative relationship that provided spiritual care to patients and congregation members.

Benefits of Being a Congregational Network Member

Faith organizations that are members of the Hancock Regional Hospital Congregational Network have access to a wealth of informational support on issues such as preventative medicine and follow-up care. The Congregational Network works with congregations to educate and provide a supportive network to help faith organizations as they navigate the healthcare system. The network offers classes on many important health care topics that can help congregations lead a healthier life. Hancock Regional Hospital Congregational Network understands that good education equates to a healthier lifestyle.

Congregational Liaison

The Congregational Network consists of liaisons who are trained volunteers from churches working closely with Congregational Navigator who is employed by Hancock Regional Hospital. These two persons work together to answer questions, schedule educational outreach, and provide support and follow up care should an emergency room visit or a hospital stay be necessary to members of a faith organization.

Congregational Liaisons provide supportive ministry to members of the network by:

- Coordinating outreach efforts focused on health and wellness
- Providing information and referral assistance
- Connecting people directly to the ministry

Faith Organization Partners

Hancock Regional Hospital's Congregational Network partners include but are not limited to the following organizations:

[Amity Community Church \(link\)](#)

6042 W 100 N Greenfield, IN 46140
(317) 894-3047

[Brandywine Community Church](#)

1551 E New Rd, Greenfield, IN 46140
(317) 462-4777

[Bradley United Methodist Church](#)

210 National Rd, Greenfield, IN 46140
(317) 462-2662

[Calvary Baptist Church](#)

1450 W Main St, Greenfield, IN 46140
(317) 462-4586

[Carrollton United Methodist Church](#)
1060 US-52, Fountaintown, IN 46130
(317) 861-5810

[Christ Fellowship – Ktown](#)
4833 IN 109, Knightstown, IN 46148
(317) 691-8657

[Community Christian Church- New Pal](#)
3123 County Rd 500 W, New Palestine, IN 46163
(317) 861-5407

[Cross of Grace Lutheran](#)
3519 S 600 W, New Palestine, IN 46163
(317) 861-0977

[Curry's Chapel UMC](#)
3488 N 375 E, Greenfield, IN 46140
(317) 326-2386

[Faith Lutheran](#)
200 W McKenzie Rd, Greenfield, IN 46140
(317) 462-4609

[First Christian Church of Knightstown](#)
138 W Main St, Knightstown, IN 46148
(765) 345-2854

[Fortville Church of Nazarene](#)
701 S Maple St, Fortville, IN 46040
(317) 485-6443

[Greenfield Christian Church](#)
23 N East St, Greenfield, IN 46140
(317) 462-6348

[Greenfield Church of Christ](#)
1380 S State St, Greenfield, IN 46140
(317) 462-6728

[Havens of Hope](#)
4445 W Smokey Row Rd, Greenwood, IN 46143
(317) 373-1255

[Mohawk United Methodist Church](#)
2045 W 400 N, Greenfield, IN 46140
(317) 326-2460

[Morristown United Methodist Church](#)
221 S Washington St, Morristown, IN 46140
(765) 763-6889

[Mt. Lebanon Community Church](#)
3447 IN-9, Greenfield, IN 46140
(317) 462-1313

[New Palestine Christian Church](#)
4053 S 650 W, New Palestine, IN 46163
(317) 861-4356

[New Palestine Bible Church](#)
27 W Main St, New Palestine, IN 46163
(317) 861-1210

[Otterbein United Methodist Church](#)
2901 W 200 N, Greenfield, IN 46140
(317) 402-2610

[Park Chapel](#)
1176 E McKenzie Rd, Greenfield, IN 46140
(317) 462-4513

[Realife Church](#)
971 W US Hwy 40, Greenfield, IN 46140
(317) 468-1100

[St Michael Catholic Church](#)
519 Jefferson Blvd, Greenfield, IN 46140
(317) 462-4240

[St. James Lutheran](#)
1741 S State St, Greenfield, IN 46140
(317) 462-7340

[Sugar Creek Baptist Church](#)
3928 S 100 W, Greenfield, IN 46140
(317) 861-6138

[Trinity Park Church](#)
207 W Park Ave, Greenfield, IN 46140

(317) 462-4303

[Vineyard Community Church of Mt.
Comfort](#)

1672 N 600W, Greenfield, IN 46140

(317) 894-3280

[Zion Lutheran](#)

6513 W 300 S, New Palestine, IN 46163

(317) 861-4210

APPENDIX D: COMMUNITY HEALTH QUESTIONNAIRE



Hancock County Community Health Needs Assessment

You are a valuable community member, and your ideas will help us learn more about health needs in Hancock County.

This is a confidential survey. Must be 14 or older to participate.

Please select the top three (3) concerns that impact the health/wellbeing of the people who live in Hancock County.

- | | | |
|--|---|---|
| <input type="checkbox"/> Cost of health insurance, healthcare &/or medications | <input type="checkbox"/> Access to primary care | <input type="checkbox"/> Environmental challenges (such as air and water quality) |
| <input type="checkbox"/> Addiction and drug overdoses | <input type="checkbox"/> Trauma & child abuse/neglect | <input type="checkbox"/> Access to safe/affordable housing |
| <input type="checkbox"/> Mental health and suicide | <input type="checkbox"/> Children and adolescents unsupervised after school | <input type="checkbox"/> Needs of people with disabilities |
| <input type="checkbox"/> Chronic diseases (cancer, diabetes, heart disease, etc.) | <input type="checkbox"/> Underage sexual activity | <input type="checkbox"/> Dental problems |
| <input type="checkbox"/> Obesity | <input type="checkbox"/> Infant mortality | <input type="checkbox"/> Violent crimes, assault, sexual violence and domestic violence |
| <input type="checkbox"/> Tobacco use/vaping | <input type="checkbox"/> Access to women's health | <input type="checkbox"/> Bullying |
| <input type="checkbox"/> Access to affordable screenings (mammograms, cardiac, lung, etc.) | <input type="checkbox"/> Access to men's health | <input type="checkbox"/> High blood pressure |
| <input type="checkbox"/> Access to affordable prevention & health education services | <input type="checkbox"/> Senior services & caregiving | <input type="checkbox"/> Access to transportation |
| <input type="checkbox"/> Infectious diseases (COVID, etc.) | <input type="checkbox"/> Social isolation | <input type="checkbox"/> Other: _____ |
| | <input type="checkbox"/> Accidents and injuries | |
| | <input type="checkbox"/> Access to healthy food | |
| | <input type="checkbox"/> Poverty | |
| | <input type="checkbox"/> Parenting skills & support | |

Please choose how much of a problem each of the following health topics are for Hancock County in your opinion.

General health behaviors	No Problem	Little Problem	Medium Problem	Big Problem	Unsure
Obesity (Overweight)					
Unhealthy eating habits (1/2 plate vegetables/fruit, 1/4 plate whole grains, & 1/4 plate lean protein)					
Lack of physical activity (Children 6-17: 60 min./day) (Adults: 150 min. of moderate-physical activity/week plus 2 days of muscle strengthening activity/week)					
Not enough sleep per night (School children: 9-11 hours/night, teens: 8-10 hours/night, & adults: 7-9 hours/night)					
Access to services for youth and/or adults	No Problem	Little Problem	Medium Problem	Big Problem	Unsure
Access to healthcare services					
Access to addiction treatment and services					
Access to mental health treatment and services					
Barriers to healthcare for youth and/or adults	No Problem	Little Problem	Medium Problem	Big Problem	Unsure
Unsure where to go for help or unsure what is available					
Transportation					
Childcare					
Financial and/or insurance					
Medical and/or mobility issues					
Services not available or wait time is too long					
Waiting to see if the problem goes away					
Embarrassed or afraid to get help					

When people say that mental health is a top need, what exactly do they mean? _____

What barriers keep you from achieving your best health? _____

What would help you reach your health goals? _____

Turn page over



Please circle the answer for each question.

How many servings of fruit/vegetables do you usually eat each day?	0	1-2	3-4	5-7	8+
Would you consider your eating habits healthy?	Never	Rarely	Sometimes	Often	Always
How many minutes of active living per day: walking, biking, exercising, etc. (both planned or moving naturally)?	0-10	10-20	20-30	30-40	40+
How often do you participate in at least one group that provides you with enjoyment, meaning/purpose, and/or support such as a faith organization, club, friends, team, etc.?	Rarely	1/month	2/month	1/week	Over 1/week
If you had a personal or medical crisis in the middle of the night, how many people (family & friends) could you call for help?	0 (none)	1	2	3	4 or more
Please rate your stress level in your daily life.	No stress	A little stressed	Stressed	Very stressed	Crisis
Please rate your physical health.	Terrible	Poor	OK	Good	Excellent
Please rate your mental health.	Terrible	Poor	OK	Good	Excellent
I am satisfied with my life.	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
I feel socially connected with my community.	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
How often did you visit your primary care physician in 2022?	Don't have one	0 (none)	1	2-3	4 or more
Are you aware of resources to help with your wellness and other needs?	Not aware	Somewhat aware	Aware	Very Aware	Expert
Are you aware of recreational resources in your community?	Not aware	Somewhat aware	Aware	Very Aware	Expert
Did you sign a legal document that identifies your healthcare representative & end of life care wishes? Yes No Unsure					

If you do not utilize a primary care physician, why? _____

How do you find out about resources in your community? _____

How do you find out about recreational activities in your community? _____

Where do you receive medical benefits if any? (Please mark an X for all that apply.)

- | | | |
|---|---|---|
| <input type="checkbox"/> Employer-based insurance | <input type="checkbox"/> Personal purchased health insurance/Healthcare Marketplace | <input type="checkbox"/> None/No health insurance |
| <input type="checkbox"/> Medicaid | <input type="checkbox"/> HIP (Hoosier insurance plan) | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Medicare | | |

What is the top cause of mental health challenges? (Please mark an X for one.)

- | | | |
|--|---|--|
| <input type="checkbox"/> Political/social issues | <input type="checkbox"/> Family and relationship issues | <input type="checkbox"/> Health problems |
| <input type="checkbox"/> Social media | <input type="checkbox"/> Economy & financial problem | <input type="checkbox"/> Violence |
| <input type="checkbox"/> Stigma and delaying treatment | <input type="checkbox"/> Lack of social connection | <input type="checkbox"/> Other: _____ |

What one service would be most helpful if you or your family had a medical crisis? (Please mark an X for one.)

- | | | |
|--|--|--|
| <input type="checkbox"/> Help with insurance and costs | <input type="checkbox"/> Health education & support | <input type="checkbox"/> Faith community support |
| <input type="checkbox"/> Transportation to appointment | <input type="checkbox"/> Referrals to follow-up care | <input type="checkbox"/> Other: _____ |

Zip Code _____ **Gender/Identity** _____ **Household income \$/month** _____ **Number in your household** _____

Age: _____ 14-17yrs _____ 18-24yrs _____ 25-34yrs _____ 35-44 _____ 45-54yrs _____ 55-64yrs _____ 65-74yr _____ 75+yrs

Your Race/Ethnic Background: (Please mark all that apply with an X.)

- | | | |
|---|---|--|
| <input type="checkbox"/> African American/Black | <input type="checkbox"/> American Indian or Alaska Native | <input type="checkbox"/> Native Hawaiian or Pacific Islander |
| <input type="checkbox"/> Caucasian/White | <input type="checkbox"/> Asian | <input type="checkbox"/> Latinx/Hispanic/Spanish |
| <input type="checkbox"/> Other: _____ | | |

Thank you for sharing your thoughts!

APPENDIX E: ADDITIONAL DATA SOURCES

The most frequently used secondary data sources for this Community Health Needs Assessment are listed below along with the links to the websites.

County Health Rankings: Hancock County

<https://www.countyhealthrankings.org/explore-health-rankings/indiana/hancock?year=2023>

Center for Disease Control and Prevention

<https://www.cdc.gov/nchs>

Quick Facts U.S. Census

<https://www.census.gov/quickfacts/fact/table/hancockcountyindiana,IN/PST045216>

Stats Indiana

http://www.stats.indiana.edu/profiles/profiles.asp?scope_choice=a&county_changer=18059

APPENDIX F: BUSINESSES PARTICIPATING IN THE WORKPLACE WELLNESS COMMITTEE

Hancock County Health Dept
Change Fitness
Greenfield Banking Company
Midwest Mole
Town of Cumberland
WorkOne
Town of Cumberland
Hancock County Public Library
Purdue Extension
City of Greenfield
Greenfield Central Schools
Hancock Health Connection Center Support Navigator
Inskeep Ford
Hancock Public Library
Tangram
Covance
Patriot Engineering and Environmental, Inc. Human Resource Manager
Work One
Hancock Wellness Center
EMP
Hitachi-Astemo
Hancock Economic Dev Council
Elanco
American Addiction Centers
Cardinal Elements
Hancock County Public Library
Covance
New Palestine Schools

APPENDIX G: RESULTS OF THE COMMUNITY HEALTH QUESTIONNAIRE

To ensure broad community input, participants of the Community Health Needs Assessment were given a community questionnaire of forty-five questions. Community members taking the survey were asked to select their top three concerns that impact the health/wellbeing of the people who live in Hancock County. The following is a summary of the results from the community survey.

Hancock Regional Hospital/Hancock Health Implementation Strategy 2024-2026

Implementation Strategy Overview

Hancock Health serves people in Hancock County and the surrounding communities of east Indiana. The health system includes Hancock Regional Hospital, Hancock Physician Network and more than 20 other healthcare facilities such as three Wellness Centers, women's clinics, 4 family practices, 2 Internal Medicine practices, and multiple specialty offices, the Sue Ann Wortman Cancer Center, Hancock Health Connection Center, Hancock Behavioral Health Services, Gateway Park, Healthway Park, and an Employer Based Clinic. Hancock Health offers enhanced patient care through relationships with The Mayo Clinic, Peyton Manning Children's Hospital, and the St. Vincent Heart Center. The main campus, Hancock Regional Hospital, is in Greenfield and consists of 69 beds.

In 2023, a Community Health Needs Assessment (CHNA) helped to identify significant health needs within the community. Following the CHNA, diverse community stakeholders helped to develop an implementation strategy focused on improving the health status of the area's residents. Hancock Regional Hospital will utilize this implementation strategy and facilitate collaboration across the community to address the top priority health needs. The following report summarizes the prioritized health needs and the implementation strategy that the hospital system will utilize during 2024-2026. The Hancock Health/Hancock Regional Hospital Community Health Needs Assessment (CHNA) summary report and the adopted Implementation Strategy are available to the public in the form of a paper copy and on the Hancock Regional Hospital website at:

- Community Health Needs Assessment Summary Report: <https://hancockhealth.in/2023CHNA>
- Community Health Needs Assessment Implementation Strategy: https://hancockhealth.in/2023CHNA_Implementation

How the Implementation Strategy was Developed

The Hancock Regional Hospital team collected and reviewed qualitative and quantitative data from a broad group of community stakeholders and experts. After the data was analyzed, a series of meetings were held with community stakeholders and hospital leadership to discuss significant health needs and prioritize the comprehensive list of community needs, services and potential gaps. Diverse community representatives helped to develop a robust implementation strategy based on the top priority health needs.

The Significant Health Needs of the Community

After robust input from diverse stakeholders, experts and underserved populations, the following top five priorities were selected based on their impact on the health and well-being of the community. The significant health needs were very consistent across varied stakeholders and sub-groups. The significant health concerns and needs of the population that were identified by the community include:

Top Health Needs for 2024 – 2026

1. Mental health, substance use disorder, and prevention of drug overdoses and suicide
2. Cost of insurance, healthcare, and medications

3. Obesity and the need to prevent and intervene earlier in chronic diseases

Additional Health Needs for 2024 – 2026

4. Lack of safe and affordable housing
5. Senior services and caregiving

Implementation Strategy

The Hancock Regional Hospital team and its diverse community stakeholders developed the following Implementation Strategy to address the significant health needs of the community.

High Level Implementation Strategy to Address the Top Health Needs for 2024 - 2026

Mental health, substance use disorder, and prevention of drug overdoses and suicide

Provide navigation, referral services, and treatment for individuals with mental illness and substance use disorder and educate the community to reduce stigma and prevent suicides and overdoses.

- Creation of a Behavioral Health Service Line
 - In response to feedback from the Community Health Needs Assessment, Hancock Health/Hancock Regional Hospital launched a Behavioral Health Service Line during the summer of 2023 to improve the continuity of care for individuals throughout their healthcare journey. Over the next three years, the goal for the Behavioral Health Service Line is to improve access to care and reduce barriers to treatment by increasing the number of therapists available to provide treatment and integrating behavioral health services with physician practices to increase access and reduce wait times for receiving treatment. The Behavioral Health Service Line includes all services at Hancock Health provided by psychiatry, psychology, and social work. This consists of Hancock Counseling & Psychiatric Services, RISE Recovery & Wellness, Connection Center, Community Outreach, Emergency Department Social Work, Behavioral Health Integration and School-Based Therapy. Making behavioral health a priority will have a profound effect on an individual's ability to manage other chronic medical conditions. The Behavioral Health Service Line will utilize Support Navigation in conjunction with clinical therapy to improve the opportunity for individuals to address their mental health needs while also addressing any social determinant of health needs.
- Access and wait times
 - Hancock Counseling Services will develop a plan to enhance access and decrease wait times for their services.
 - Hancock Health/Hancock Regional Hospital will partner with the System of Care to create a plan to reduce wait times for mental health and substance use recovery services.
 - Hancock Health/Hancock Regional Hospital will develop a plan for Hancock Counseling Services to provide integrated care by co-locating therapists within selected OB/GYN, Pediatric and Internal Medicine Hancock Physician Network offices.
 - Hancock Health/Hancock Regional Hospital will partner with the System of Care to develop a plan to attract and increase the number of mental health and substance use providers in the community.

- Hancock Health/Hancock Regional Hospital will develop a plan to support the schools.
- Hancock Health/Hancock Regional Hospital will leverage the RISE substance use recovery program that was launched in 2022 and the new Nurse Practitioner who was hired in 2023 to serve at least 300 individuals during 2024-2026.
- Hancock Health/Hancock Regional Hospital will partner with the Hancock County Health Department and leverage SB 4 to enhance resources for mental health, substance use disorder, and the prevention of drug overdoses and suicide.
- The Hancock Health Connection Center will facilitate monthly System of Care meetings to continue efforts for improving access to mental health and substance use disorder services and empowering change and capacity building within the community.
- The RISE program will explore launching and offering 12 step yoga.
- The RISE program will launch group therapy.
- The Hancock Health Department will provide Hancock Health Connection Center with 300 free doses of Narcan for public distribution.
- Coordination of care
 - Hancock Health/Hancock Regional Hospital will enhance coordination between Hancock Counseling, emergency room social workers, primary care, Hancock Health Connection Center, RISE, Hancock Health Connection Center, and other partners.
 - Hancock Health/Hancock Regional Hospital will coordinate with mobile response teams when they are launched.
 - The Hancock Health Connection Center will continue to partner with justice-involved stakeholders as internal and external justice navigation and services inside the jail are launched or expanded.
- Navigation and referrals
 - The Hancock Health Connection Center will offer navigation and warm handoff referrals to 1,000 members of the community with a mental illness and/or substance use disorder throughout 2024-2026.
- Increase education and awareness
 - Hancock Health will host an Employer Connection Series: Bridging Gaps in Workplace Mental Health and Substance Use Disorder Resources sponsored by the Indiana Chamber of Commerce. Two events will occur towards the end of 2023: (1) a full day on workplace mental health and substance use disorder and (2) Mental Health First Aid training. The first event will feature sessions on understanding stigma, creating supportive policies and procedures, QPR, some workshop opportunities, and a training on how to administer Naloxone. This series will be a great opportunity for local employers to connect and share best practices regarding mental health support for their employees.
 - Hancock Health/Hancock Regional Hospital will increase awareness about the Hancock Health Connection Center as well as the RISE substance use disorder services.
 - Launch a digital marketing campaign.
 - Improve the website.
 - Make it easier to find the phone number of the Hancock Health Connection Center and other key information utilizing the One Brand, One Voice initiative.
 - Distribute the rack cards about Support Navigation and RISE broadly.
 - The Hancock Health Connection Center will communicate to the community where to go for mental health and substance use recovery help, educate the community about the importance of seeking help early, and increase community awareness about resources for mental health, substance use disorder, and the prevention of drug overdoses and suicide.
 - The Hancock Health Connection Center will share resources to address the cost of mental health and substance use recovery.

- The Hancock Health Connection Center will leverage and encourage partners to update FindHelp.org.
- The Hancock Health Connection Center will continue to promote mental health clubs within the high schools to reduce stigma.
- The Hancock Health Connection Center will host a minimum of one Rise Above It event per year to promote awareness of mental health with a focus on stigma reduction and suicide prevention.
- Training and technical assistance
 - The Hancock Health Connection Center will support local crisis intervention teams by partnering with the Greenfield Police Department and the Hancock County Sheriff Department in planning, funding, and facilitating Crisis Intervention Team (CIT) training and evidence-based practices for all Hancock County first responders.
 - The Hancock Health Connection Center will offer ACE Interface training to providers and members of the community to increase awareness about adverse childhood experience and trauma.
 - The Hancock Health Connection Center will leverage their certified Question, Persuade, Refer (QPR) instructors to offer free QPR trainings quarterly to raise awareness for suicide prevention.
 - The Hancock Health Connection Center will have representation at the mental health court.
 - The Hancock Health Connection Center will have representation at the drug court.
 - The Hancock Health Connection Center will maintain the Hancock County CISM team to foster trauma informed support for those who experience a traumatic event while on the job.
 - Hancock Health will serve at least 400 people using Mind Body Medicine skill-building.
- Tobacco Cessation
 - The Hancock Health Connection Center will participate in the Tobacco Free Coalition and promote initiatives to prevent and reduce tobacco use.
 - Hancock Health/Hancock Regional Hospital and the Tobacco Free Coalition will work with governmental agencies to promote clean air events.
 - Hancock Health/Hancock Regional Hospital will facilitate tobacco education classes to all four school districts and oversee youth-led tobacco cessation peer groups.
 - Hancock Health/Hancock Regional Hospital will provide at least 6 tobacco cessation classes for adults at no cost to individuals throughout 2024-2026.

Cost of insurance, healthcare, and medications

Intervene earlier, enhance access to affordable services, address the social determinants of health, and assist members of the community with barriers such as the cost of health insurance, healthcare, and/or medications.

- Hancock Health/Hancock Regional Hospital will partner with the Hancock County Health Department to identify ways to assist with the cost of healthcare, insurance, and medications and leverage SB 4.
- Affordable screening, labs and testing
 - Hancock Health/Hancock Regional Hospital will provide at least 120,000 affordable screening, labs and testing throughout 2024-2026 at Gateway.
- Insurance innovation
 - Hancock Health/Hancock Regional Hospital will create a high-performance narrow network with SHO that will be offered to employers to address health insurance costs while enhancing quality.
 - Hancock Health/Hancock Regional Hospital will achieve superior Accountable Care outcomes.
- Financial assistance and resources
 - Hancock Health/Hancock Regional Hospital will provide at least \$70 million in charity care/uncompensated care throughout 2024-2026.

- Hancock Health/Hancock Regional Hospital will provide eligibility checks at least 90% of the time throughout 2024-2026.
- Hancock Health/Hancock Regional Hospital will increase education and community awareness about resources to assist with the cost of healthcare, insurance, and medications.
- Hancock Health/Hancock Regional Hospital will educate the community about the role of Hancock Health patient financial services.
- Hancock Health/Hancock Regional Hospital will leverage its charity care program to address this need.
- Hancock Health/Hancock Regional Hospital will share resources with the community about the Township Trustee programs.
- Hancock Health/Hancock Regional Hospital will communicate how Hancock Health can provide Medicare counseling, open enrollment support, and share savings program resources.
- Educate the community about how Gateway offers some services at approximately 70% off hospital-based/facility services, about 115% of Medicare rates.
 - Hancock Physician Network will provide patients with options for accessing affordable prescriptions, help patients sign up for Medicaid/HIP, help patients enroll in patient assistance programs and access care coordination.
 - Hancock Health Congregational Network will provide 3 educational workshops and at least 500 one on one contacts with hospital patients to promote social support networks and improve health behaviors during 2024-2026.
- Right service
 - The Hancock Health Connection Center will help members of the community find the appropriate services earlier by using warm handoffs and thoughtful connections instead of paying for the wrong services or delaying treatment.
 - The Hancock Health Connection Center will facilitate quarterly outreach meetings to improve knowledge and referrals of family serving agencies.
- Social determinants of health
 - Hancock Health/Hancock Regional Hospital will leverage the Hancock Wellness Centers and the Hancock Health Connection Center to address the social determinants of health so that patients can achieve the best long-term outcomes possible for an affordable cost.
- Education and training
 - The Hancock Health Connection Center will explore providing virtual options for selected training and navigation to increase accessibility especially for patients with transportation or technology challenges.
- Wellness
 - Hancock Health/Hancock Regional Hospital will leverage our investment in the most comprehensive well-being capability in Indiana through our Hancock Wellness campuses and staff expertise to lower the total cost of care by reducing demand for costly interventions and the controlling or reversing the progression of chronic disease through integrated physical activity, nutrition, healthcare education, and clinical oversight.

Obesity and the need to prevent and intervene earlier in chronic diseases

Provide education and support to patients with obesity and other chronic diseases such as cancer, diabetes, heart disease.

- Education
 - Hancock Health/Hancock Regional Hospital will provide a wide range of wellness education such as the programs described at: <https://www.hancockregionalhospital.org/wellness-education/>

- Hancock Health/Hancock Regional Hospital will promote the use of biometrics to identify chronic diseases early.
- Hancock Health/Hancock Regional Hospital will provide education and prevention resources with tangible action steps.
- Hancock Health/Hancock Regional Hospital will increase education about the importance of utilizing primary care to prevent chronic diseases.
- A registered dietitian at the McCordsville Wellness Center will continue to implement the 5210 program, help with community nutrition trainings for the Fire Department, and represent Hancock Health in community garden conversations.
- Hancock Health/Hancock Regional Hospital will increase its efforts to educate the community about the importance of addressing obesity, increasing physical activity, enhancing access to healthy food, stopping the use of nicotine, and preventing chronic diseases.
- Trails
 - Hancock Health/Hancock Regional Hospital will continue to actively support the Hancock County trails plan coalition and serve as a fiscal sponsor for the Hancock County Trails Plan.
- Wellness programs
 - Hancock Wellness Centers will serve an average of 13,000+ individuals annually and will provide resources so that members of the community can develop their own customized health action plan utilizing the expertise of staff and technology embedded in each of the three comprehensive, integrated Wellness Campuses.
 - Hancock Health/Hancock Regional Hospital will offer services to support people with chronic diseases. Please see the information at <https://www.hancockregionalhospital.org/healthcare-services/> for more details.
 - Hancock Wellness Centers and Hancock Physician Network will continue to offer and enhance the “Clinical Exercise Program”, allowing providers to prescribe 8 weeks of one-on-one or small-group-based exercise tailored to patients with diabetes, obesity, cardiac risk factors/hypertension, cancer, or general deconditioning.
 - The Hancock Health Connection Center will help to connect people with a chronic health condition to the appropriate point of care within Hancock Health Network.
 - During 2024-2026, Hancock Physician Network will serve at least 4,500 ACO patients using a Patient Centered Medical Home initiative to reduce readmissions to less than 14%.
 - During 2024-2026, Hancock Physician Network’s enhanced chronic care management model will provide patients with:
 - 24-hour access to the care team
 - priority access to the provider for urgent appointments
 - systematic review and scheduling of all preventive care
 - medication reconciliation and oversight
 - creation of a patient-centered care plan document to assure that care is provided in a way that is congruent with their choices and values
 - management of care transitions between and among health care providers and settings
 - coordination with home and community based clinical service providers
 - enhanced opportunities for a beneficiary and any relevant caregiver to communicate with the practitioner regarding the beneficiary’s care through not only telephone access, but also through the use of secure messaging, internet or other asynchronous non face-to-face consultation methods
 - Hancock Health/Hancock Regional Hospital and Hancock Physician Network were early adopters of an electronic medical record Population Health tool. The team is helping to design a new electronic medical record tool that will enhance chronic care management and population health. A Care Gaps Widget will provide point of care/at a glance information on which care

gaps have been met and which are outstanding. A new Risk Stratification Widget will provide point of care/at a glance information on which chronic diseases have been addressed and which have not been addressed. A Disease Registry will include the number of chronic diseases, care gaps, total Risk Adjustment Factor (RAF) score and other critical information. The Registry will sort a patient population by highest RAF score which would allow chronic disease management and care managers to focus attention on the patients at highest risk and the ones with a rising risk.

- Hancock Health/Hancock Regional Hospital and Hancock Physician Network will utilize a monthly/ongoing audit of selected patients with a Medicare Advantage plan to verify that the team addressed all the patient's chronic diseases. Artificial intelligence will be used to securely review chart and claims data to suggest possible chronic diseases that may need to be addressed to foster patient health and well-being.
- Hancock Health/Hancock Regional Hospital will launch an integrated care center that includes integrated fitness, nutrition, screening, labs, and primary care.
- Hancock Wellness Centers will coordinate the annual Hancock Flat 50 bicycle ride as well as at least 6 months of group rides to promote physical activity, safe cycling, and cycling awareness.
- Provide more programs and resources to support healthy lifestyles for youth.
 - Maximize the 5210 program.
 - Expand youth focused programming at the wellness center.
 - Pursue grants to expand programs that help youth develop healthy lifestyles.
- Hancock Health/Hancock Regional Hospital will leverage the Hancock Wellness Centers.
 - Maximize the clinical exercise program for chronic disease by serving 2000 people from 2024-2026.
 - Expand Lifestyle Nutrition department and other wellness offerings.
- Hancock Health/Hancock Regional Hospital will partner with the Hancock County Health Department to identify ways to prevent obesity and other chronic diseases and leverage SB 4.

High Level Implementation Strategy to Address the Additional Health Needs for 2024 – 2026

Lack of safe and affordable housing

- Hancock Health/Hancock Regional Hospital will participate in the community coalition working on safe and affordable housing.
- Hancock Health/Hancock Regional Hospital will encourage the community's development of an emergent family shelter that complements the services of Hope House.

Senior services and caregiving

- Hancock Health/Hancock Regional Hospital will maximize Hancock Health's hospice, palliative care, and home health services.
- Hancock Health/Hancock Regional Hospital will provide education on end-of-life planning.
- Hancock Health/Hancock Regional Hospital provide a list of local licensed attorneys who assist with end-of-life planning and templates of legal documents.
- Hancock Health/Hancock Regional Hospital will partner with other agencies to offer educational opportunities for the community to learn about programs and services for seniors and caregivers that are available in Hancock Health's service area.

This Implementation Strategy was reviewed and approved by the Hancock Health Board of Trustees on _____.

The Community Health Needs Assessment (CHNA) summary report and approved Implementation Strategy are available in paper form and electronically. The following are the links to both reports.

- Community Health Needs Assessment Summary Report: <https://hancockhealth.in/2023CHNA>
- Community Health Needs Assessment Implementation Strategy: https://hancockhealth.in/2023CHNA_Implementation